

Welcome	Welcome A p4 Grammar <i>be</i> Vocabulary Insight Countries and nationalities; The alphabet 🔊 Listening Spelling words; Where are you from?	Welcome B p6 Grammar Possessive adjectives; <i>this, that, these, those</i> Vocabulary Insight Family; Plural nouns 🔊 Listening Max's family
Vocabulary extra Welcome p132 Countries and nationalities; Colours; The time		
Unit	A Reading and vocabulary	B Grammar and reading / listening
1 My life p12	Reading Winter in Antarctica Strategy Guessing the meaning of words Vocabulary Insight Daily routines Vocabulary Insight Prepositions of time	Grammar Present simple: affirmative Grammar Present simple: negative Reading What a wonderful morning! 🔊 Listening Jake's hobby
Review 1 p21 Vocabulary extra 1 p134 Classroom items; Classroom language		
2 Time out p24	Reading Feel the flow! Strategy Skim-reading for the main ideas Vocabulary Insight Free-time activities; Likes and dislikes Strategy Recording antonyms	Grammar Adverbs of frequency Reading Spotlight on ... wheelchair rugby 🔊 Listening Healthy lifestyle survey
Review 2 p33 Vocabulary extra 2 p135 Sports; Sports collocations: <i>play, go, do</i>		
3 No place like home p36	Reading Container homes – from the simple to the sophisticated Vocabulary Insight Inside and outside the home Vocabulary Insight Prepositions of place Strategy Recording vocabulary with pictures	Grammar <i>there is / there are</i> with <i>some / any</i> Reading The Jet Star or the Pac-Man Dome? 🔊 Listening Sam's holiday
Review 3 p45 Vocabulary extra 3 p136 In the home; Around town		
4 It's a wild world p48	Reading Thanks for your help! Vocabulary Insight The natural world Vocabulary Insight Animal verbs Strategy Recording words in context	Grammar Present continuous Reading Watching animals 🔊 Listening Where is Raj?
Review 4 p57 Vocabulary extra 4 p137 Animals; Pets		
5 You are what you eat p60	Reading Carbon on our plates Vocabulary Insight Food Vocabulary Insight Compound nouns Strategy Making mind maps	Grammar Countable and uncountable nouns Grammar <i>much, many, a lot of</i> Reading Education with a difference 🔊 Listening Helping at the local farm
Review 5 p69 Vocabulary extra 5 p138 Food; Food quantities		
6 Going green p72	Reading Ethical fashion Strategy Scanning for specific information Vocabulary Insight Clothes and accessories Vocabulary Insight Negative prefixes	Grammar Comparative adjectives Reading Online or at the shops? 🔊 Listening Online shopping
Review 6 p81 Vocabulary extra 6 p139 Clothes verbs; Shops		
7 That's quite a challenge! p84	Reading Three of the world's toughest challenges Strategy Guessing the meaning of words Vocabulary Insight Parts of the body Vocabulary Insight Noun suffixes: <i>-er / -or</i>	Grammar <i>have to</i> and <i>should</i> Reading Behind the scenes: who cleans the UK's favourite tourist attractions? 🔊 Listening A school club
Review 7 p93 Vocabulary extra 7 p140 Housework; Health problems		
8 And the rest is history p96	Reading Inspirational leaders Vocabulary Insight Life stages Vocabulary Insight Adjective suffixes: <i>-ful</i> and <i>-al</i>	Grammar Past simple affirmative: regular verbs Grammar Past simple affirmative: irregular verbs Reading When and where was human culture born? 🔊 Listening Neanderthals Strategy Listening for gist and for detail
Review 8 p105 Vocabulary extra 8 p141 Jobs; Past time expressions		
9 Changing with the times p108	Reading How stop-motion animation works Strategy Summarizing Vocabulary Insight Describing people Vocabulary Insight <i>like</i>	Grammar <i>going to</i> : plans Reading All change! 🔊 Listening Everything's going to be different
Review 9 p117 Vocabulary extra 9 p142 Materials; On the phone: phrasal verbs		
10 Wanderlust p120	Reading Disaster tourism Vocabulary Insight Holiday places Vocabulary Insight Prepositions of place: <i>in, on</i> and <i>at</i>	Grammar Present perfect: affirmative and negative Reading Life is an adventure 🔊 Listening A cycling trip
Review 10 p129 Vocabulary extra 10 p143 Types of holidays; Holidays: phrasal verbs		

Welcome C p8
Grammar *have got*; Object pronouns; Articles
🔊 Listening What have you got?

Welcome D p10
Vocabulary **Insight** Days, months and seasons;
Numbers; Ordinal numbers and dates
Reading The world is a village!

C CULTURE Reading, vocabulary and grammar

Reading School in the afternoon?
Vocabulary **Insight** School subjects
Grammar Present simple: questions
Grammar Question words
📺 Nadiya's family

D Listening, vocabulary and speaking

🔊 Listening How do you get to school?
Strategy Understanding words and phrases with the same meaning
Vocabulary **Insight** Transport
Speaking Classroom language

E Writing

Answering a questionnaire
Capital letters
Strategy Checking your writing



Global skills Studying effectively p22



Video

Reading Music mad!
Vocabulary **Insight** Musical instruments
Grammar *can / can't* for ability
📺 Time travellers

🔊 Listening Superheroes
Vocabulary **Insight** Languages
Grammar Adverbs of manner
Speaking Requests with *can* and *could*

An informal letter
Linking words: *and, but, or*
Strategy Writing informal letters

Cumulative review Units 1–2 p34

Reading Montreal – a tale of two cities
Grammar Possessive 's
Grammar Possessive pronouns and *whose*
📺 The Fairy Tale House

🔊 Listening Where we live
Strategy Listening for key words
Vocabulary **Insight** City to country
Speaking Asking for and giving directions

A tourist guide
Sequencers
Strategy Using a model text



Global skills Working in a team p46



Video

Reading Weather alerts
Vocabulary **Insight** Describing weather
Vocabulary **Insight** Adjective suffix -y
Grammar Present simple or present continuous?
📺 Measuring the weather

🔊 Listening Redingly Activity Centre
Strategy Using visual clues
Vocabulary **Insight** Outdoor activities
Speaking Asking for, making and responding to suggestions

A description of a photo
Expressing uncertainty
Vocabulary **Insight** Describing a photo
Strategy Using questions to plan your writing

Cumulative review Units 1–4 p58

Reading A special meal for a special occasion
Strategy Using a dictionary when you read
Vocabulary **Insight** On the dinner table
Grammar *a little / a few*
📺 Borough Market

🔊 Listening Unusual food
Vocabulary **Insight** Opinion adjectives
Speaking Ordering food

A description of a festival
Linking words: *too, also*
Strategy Focusing on the writing goal



Global skills Using technology wisely p70



Video

Reading Black Friday or Buy Nothing Day?
Strategy Increasing your vocabulary
Vocabulary **Insight** Shopping
Grammar Superlative adjectives
📺 Shopping in London

🔊 Listening Living without technology
Vocabulary **Insight** Gadgets
Speaking Buying clothes

A review
Positive and negative adjectives
Strategy Using a bilingual dictionary

Cumulative review Units 1–6 p82

Reading Our Himalayan trek
Vocabulary **Insight** Opposite adjectives
Strategy Using new words
Grammar Past simple of *be* and *can*
📺 Cleaning beaches

🔊 Listening Health myths and facts
Vocabulary **Insight** Health
Speaking Talking about illness

A letter of advice
Making suggestions and giving advice
Strategy Brainstorming ideas



Global skills Speaking confidently in public p94



Video

Reading World literature: famous female novelists
Vocabulary **Insight** Types of writing
Grammar Past simple: negative, questions and short answers
📺 The magic of Roald Dahl

Listening The best moment of your life
Strategy Identifying and using collocations
Vocabulary **Insight** Collocations with *take*
Speaking Talking about your weekend

A narrative
Narrative adverbs
Strategy Making your writing interesting

Cumulative review Units 1–8 p106

Reading Graduation time!
Vocabulary **Insight** Noun suffixes: *-ion* and *-ment*
Strategy Revising vocabulary
Grammar *will*: predictions
📺 i-Mag'zine for teen

Listening Young Businessperson of the Year
Vocabulary **Insight** Phrasal verbs
Speaking Talking on the phone

An informal email
Informal language for emails
Strategy Making your writing personal



Global skills Making a good impression at work p118



Video

Reading Staycation USA!
Vocabulary **Insight** American English
Strategy Recognizing varieties of English
Grammar Present perfect: questions
📺 The Sky Lodge: an unusual hotel

Listening Beijing by train via Moscow
Strategy Taking notes
Vocabulary **Insight** Travel collocations
Speaking Tourist information

A profile
Linking words: *so* and *because*
Strategy Choosing the right tense