

<b>Welcome</b>	Welcome A p4 Grammar <i>be</i> Vocabulary Insight Countries and nationalities; The alphabet 🔊 Listening Spelling words; Where are you from?	Welcome B p6 Grammar Possessive adjectives; <i>this, that, these, those</i> Vocabulary Insight Family; Plural nouns 🔊 Listening Max's family
<b>Vocabulary extra Welcome p132</b> Countries and nationalities; Colours; The time		
<b>Unit</b>	<b>A Reading and vocabulary</b>	<b>B Grammar and reading / listening</b>
<b>1</b> My life p12	Reading Winter in Antarctica Strategy Guessing the meaning of words Vocabulary Insight Daily routines Vocabulary Insight Prepositions of time	Grammar Present simple: affirmative Grammar Present simple: negative Reading What a wonderful morning! 🔊 Listening Jake's hobby
<b>Review 1 p21</b> <b>Vocabulary extra 1 p134</b> Classroom items; Classroom language		
<b>2</b> Time out p24	Reading Feel the flow! Strategy Skim-reading for the main ideas Vocabulary Insight Free-time activities; Likes and dislikes Strategy Recording antonyms	Grammar Adverbs of frequency Reading Spotlight on ... wheelchair rugby 🔊 Listening Healthy lifestyle survey
<b>Review 2 p33</b> <b>Vocabulary extra 2 p135</b> Sports; Sports collocations: <i>play, go, do</i>		
<b>3</b> No place like home p36	Reading Container homes – from the simple to the sophisticated Vocabulary Insight Inside and outside the home Vocabulary Insight Prepositions of place Strategy Recording vocabulary with pictures	Grammar <i>there is / there are</i> with <i>some / any</i> Reading The Jet Star or the Pac-Man Dome? 🔊 Listening Sam's holiday
<b>Review 3 p45</b> <b>Vocabulary extra 3 p136</b> In the home; Around town		
<b>4</b> It's a wild world p48	Reading Thanks for your help! Vocabulary Insight The natural world Vocabulary Insight Animal verbs Strategy Recording words in context	Grammar Present continuous Reading Watching animals 🔊 Listening Where is Raj?
<b>Review 4 p57</b> <b>Vocabulary extra 4 p137</b> Animals; Pets		
<b>5</b> You are what you eat p60	Reading Carbon on our plates Vocabulary Insight Food Vocabulary Insight Compound nouns Strategy Making mind maps	Grammar Countable and uncountable nouns Grammar <i>much, many, a lot of</i> Reading Education with a difference 🔊 Listening Helping at the local farm
<b>Review 5 p69</b> <b>Vocabulary extra 5 p138</b> Food; Food quantities		
<b>6</b> Going green p72	Reading Ethical fashion Strategy Scanning for specific information Vocabulary Insight Clothes and accessories Vocabulary Insight Negative prefixes	Grammar Comparative adjectives Reading Online or at the shops? 🔊 Listening Online shopping
<b>Review 6 p81</b> <b>Vocabulary extra 6 p139</b> Clothes verbs; Shops		
<b>7</b> That's quite a challenge! p84	Reading Three of the world's toughest challenges Strategy Guessing the meaning of words Vocabulary Insight Parts of the body Vocabulary Insight Noun suffixes: <i>-er / -or</i>	Grammar <i>have to</i> and <i>should</i> Reading Behind the scenes: who cleans the UK's favourite tourist attractions? 🔊 Listening A school club
<b>Review 7 p93</b> <b>Vocabulary extra 7 p140</b> Housework; Health problems		
<b>8</b> And the rest is history p96	Reading Inspirational leaders Vocabulary Insight Life stages Vocabulary Insight Adjective suffixes: <i>-ful</i> and <i>-al</i>	Grammar Past simple affirmative: regular verbs Grammar Past simple affirmative: irregular verbs Reading When and where was human culture born? 🔊 Listening Neanderthals Strategy Listening for gist and for detail
<b>Review 8 p105</b> <b>Vocabulary extra 8 p141</b> Jobs; Past time expressions		
<b>9</b> Changing with the times p108	Reading How stop-motion animation works Strategy Summarizing Vocabulary Insight Describing people Vocabulary Insight <i>like</i>	Grammar <i>going to</i> : plans Reading All change! 🔊 Listening Everything's going to be different
<b>Review 9 p117</b> <b>Vocabulary extra 9 p142</b> Materials; On the phone: phrasal verbs		
<b>10</b> Wanderlust p120	Reading Disaster tourism Vocabulary Insight Holiday places Vocabulary Insight Prepositions of place: <i>in, on</i> and <i>at</i>	Grammar Present perfect: affirmative and negative Reading Life is an adventure 🔊 Listening A cycling trip
<b>Review 10 p129</b> <b>Vocabulary extra 10 p143</b> Types of holidays; Holidays: phrasal verbs		



Welcome C p8  
Grammar *have got*; Object pronouns; Articles  
🔊 Listening What have you got?

Welcome D p10  
Vocabulary **Insight** Days, months and seasons;  
Numbers; Ordinal numbers and dates  
Reading The world is a village!

### C CULTURE Reading, vocabulary and grammar

Reading School in the afternoon?  
Vocabulary **Insight** School subjects  
Grammar Present simple: questions  
Grammar Question words  
📺 Nadiya's family

### D Listening, vocabulary and speaking

🔊 Listening How do you get to school?  
Strategy Understanding words and phrases with the same meaning  
Vocabulary **Insight** Transport  
Speaking Classroom language

### E Writing

Answering a questionnaire  
Capital letters  
Strategy Checking your writing



### Global skills Studying effectively p22



Video

Reading Music mad!  
Vocabulary **Insight** Musical instruments  
Grammar *can / can't* for ability  
📺 Time travellers

🔊 Listening Superheroes  
Vocabulary **Insight** Languages  
Grammar Adverbs of manner  
Speaking Requests with *can* and *could*

An informal letter  
Linking words: *and, but, or*  
Strategy Writing informal letters

### Cumulative review Units 1–2 p34

Reading Montreal – a tale of two cities  
Grammar Possessive 's  
Grammar Possessive pronouns and *whose*  
📺 The Fairy Tale House

🔊 Listening Where we live  
Strategy Listening for key words  
Vocabulary **Insight** City to country  
Speaking Asking for and giving directions

A tourist guide  
Sequencers  
Strategy Using a model text



### Global skills Working in a team p46



Video

Reading Weather alerts  
Vocabulary **Insight** Describing weather  
Vocabulary **Insight** Adjective suffix -y  
Grammar Present simple or present continuous?  
📺 Measuring the weather

🔊 Listening Redingly Activity Centre  
Strategy Using visual clues  
Vocabulary **Insight** Outdoor activities  
Speaking Asking for, making and responding to suggestions

A description of a photo  
Expressing uncertainty  
Vocabulary **Insight** Describing a photo  
Strategy Using questions to plan your writing

### Cumulative review Units 1–4 p58

Reading A special meal for a special occasion  
Strategy Using a dictionary when you read  
Vocabulary **Insight** On the dinner table  
Grammar *a little / a few*  
📺 Borough Market

🔊 Listening Unusual food  
Vocabulary **Insight** Opinion adjectives  
Speaking Ordering food

A description of a festival  
Linking words: *too, also*  
Strategy Focusing on the writing goal



### Global skills Using technology wisely p70



Video

Reading Black Friday or Buy Nothing Day?  
Strategy Increasing your vocabulary  
Vocabulary **Insight** Shopping  
Grammar Superlative adjectives  
📺 Shopping in London

🔊 Listening Living without technology  
Vocabulary **Insight** Gadgets  
Speaking Buying clothes

A review  
Positive and negative adjectives  
Strategy Using a bilingual dictionary

### Cumulative review Units 1–6 p82

Reading Our Himalayan trek  
Vocabulary **Insight** Opposite adjectives  
Strategy Using new words  
Grammar Past simple of *be* and *can*  
📺 Cleaning beaches

🔊 Listening Health myths and facts  
Vocabulary **Insight** Health  
Speaking Talking about illness

A letter of advice  
Making suggestions and giving advice  
Strategy Brainstorming ideas



### Global skills Speaking confidently in public p94



Video

Reading World literature: famous female novelists  
Vocabulary **Insight** Types of writing  
Grammar Past simple: negative, questions and short answers  
📺 The magic of Roald Dahl

Listening The best moment of your life  
Strategy Identifying and using collocations  
Vocabulary **Insight** Collocations with *take*  
Speaking Talking about your weekend

A narrative  
Narrative adverbs  
Strategy Making your writing interesting

### Cumulative review Units 1–8 p106

Reading Graduation time!  
Vocabulary **Insight** Noun suffixes: *-ion* and *-ment*  
Strategy Revising vocabulary  
Grammar *will*: predictions  
📺 i-Mag'zine for teen

Listening Young Businessperson of the Year  
Vocabulary **Insight** Phrasal verbs  
Speaking Talking on the phone

An informal email  
Informal language for emails  
Strategy Making your writing personal



### Global skills Making a good impression at work p118



Video

Reading Staycation USA!  
Vocabulary **Insight** American English  
Strategy Recognizing varieties of English  
Grammar Present perfect: questions  
📺 The Sky Lodge: an unusual hotel

Listening Beijing by train via Moscow  
Strategy Taking notes  
Vocabulary **Insight** Travel collocations  
Speaking Tourist information

A profile  
Linking words: *so* and *because*  
Strategy Choosing the right tense