## Table of contents

6

7

8

21

38

52

69

85

Acknowledgements

List of abbreviations

Unit 1 Nursing professions

Unit 2 Human body

Unit 3 Medicines

Unit 4 Nutrition and diet

Unit 5 First aid

Unit 6 Seeing the doctor

Unit 7 Infectious diseases 100 Bedside nursing Unit 8 118 Unit 9 Taking the history 135 Physical examination Unit 10 152 Unit 11 Care of surgical patients 170 Unit 12 Care of patients across the life span 186

