

CD 1

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| 1 | The family of Dashwood at Norland Park, Sussex | 7:28 |
| 2 | Mrs John Dashwood – the new mistress of Norland | 9:39 |
| 3 | Elinor, her mother and sisters, arrive at Barton Valley in Devonshire | 7:04 |
| 4 | Mrs Jennings, a widow with a purpose to match-make | 5:30 |
| 5 | A surprise end to a walk – Mr Willoughby | 8:53 |
| 6 | A busy social life | 13:01 |
| 7 | Elinor reflects on Mr Willoughby and marriage | 5:12 |
| 8 | Edward Ferrars arrives | 8:46 |
| 9 | Duty against will, parent against child | 6:21 |
| 10 | Mrs Palmer enthuses | 4:42 |

CD 2

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| 1 | New acquaintances: The Misses Steele –
Anne and Lucy | 6:11 |
| 2 | Miss Lucy Steele confides in Elinor | 14:55 |
| 3 | With Mrs Jennings to London | 7:39 |
| 4 | A card left in the sisters' absence | 6:34 |
| 5 | At Lady Middleton's party | 4:11 |
| 6 | Marianne receives the final letter | 8:53 |
| 7 | Colonel Brandon tells his story | 12:09 |
| 8 | The story is related to Marianne | 7:09 |
| 9 | The Ferrars family reappears | 9:15 |

CD 3

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| 1 | Robert Ferrars – a coxcomb | 5:30 |
| 2 | The secret engagement is out in the open | 9:12 |
| 3 | Colonel Brandon makes an offer of a living at Delaford for Edward Ferrars | 5:41 |
| 4 | Final calls in London | 3:26 |
| 5 | Arrival in Cleveland – Marianne falls feverish | 8:35 |
| 6 | A fervent confession from Willoughby | 10:51 |
| 7 | Mrs Dashwood arrives – Marianne improves | 3:44 |
| 8 | The Dashwoods arrive home at Barton | 4:54 |
| 9 | Surprise news from the manservant Thomas | 8:00 |
| 10 | Edward makes his proposal | 6:12 |
| 11 | Two marriages | 6:01 |