## Contents

	Acknowledgements	xiii
1	Minority religions and counselling: an overview JAMES A. BECKFORD AND SARAH HARVEY	1
PA	RT 1	
Pe	rspectives on counselling	17
2	From the curious to the criminal: Diocesan Advisers' requests for counsel and help  PEDR BECKLEY	19
3	Enlightened or insane? Insights and dilemmas of wearing a psychotherapist's hat and a sociological hat in the field of new religious movements  SILKE STEIDINGER	32
4	New religious movements and systemic/family psychotherapy ALASTAIR PEARSON	49
4	RT II actitioners' approaches	63
5	Therapy with former members of destructive cults LORNA GOLDBERG	65
6	The psychological development and consequences of involvement with new religious movements: counselling issues for members, former members and families	80
	LINDA DUBROW-MARSHALL AND RODERICK DUBROW-MARSHALL	

Timber 1

III TRIAS

prisu teleted wit and the suo way out the dr world. I

I belonging bening tormuon of vrigoroling bening.

E Fredrick experiences of counselling and paychotherapy

commonwers is several interpretation

Reputaired as regiment retrief but reducted.

THE RESIDENCE OF THE PARTY OF T

	0	
V1	Conten	tc
v .	COULT	

7		
	art and philosophy to counsel those impacted by controversial new social movements	96
	JOSEPH SZIMHART	70
	RT III	
Me	ember and former member experiences	111
8	Pagan experiences of counselling and psychotherapy VIVIANNE CROWLEY	113
9	Scientology auditing: pastoral counselling or a religious path to total spiritual freedom  ERIC ROUX	130
10	How counselling can help faith and families SIMON COOPER	143
11	Counselling practices within The Family International (Children of God)	154
	ABI FREEMAN	I Fro
12	Scammers or saviours? NICOLA LAANINEN	168
13	Mindfulness and the YouTube channel of the mind  MAITREYABANDHU	175
	RT IV me current issues in the counselling field	191
11		
14	Emotional exchange: anxiety to hope in two new religious movements	193
	CHARLOTTE SHAW	
15	Attachment: Buddha and Bowlby	207
	JOE COPESTAKE	
16	Twelve step mutual aid: spirituality, vulnerability and	
	WENDY DOSSETT	221
	Index .	237