

TABLE OF CONTENTS

Introduction	7
Guidelines for safe laboratory work	8
How to write the protocol	8
GENERAL MICROBIOLOGY	9
1. TOPIC: CULTIVATION	11
1.1 Types of growth media	12
1.2 Bacteriological media in common use	13
1.2.1 Nutrient media	13
1.2.2 Blood agar	13
1.2.3 Endo agar	13
1.2.4 MacConkey agar	14
1.2.5 Deoxycholate-citrate agar (DCA)	14
1.2.6 Bile esculin agar	14
1.2.7 Wilson-Blair agar	14
1.2.8 Clauberg's agar	14
1.2.9 Tinsdal's agar	14
1.2.10 Chocolate agar (CHOC)	15
1.2.11 Löwenstein-Jensen agar	15
1.2.12 Sabouraud agar	15
1.3 Cultivating bacteria using solid and liquid media	15
1.4 Cultivation in the defined atmosphere	16
1.5 Tasks	17
2. TOPIC: STAINING TECHNIQUES AND MICROSCOPIC INVESTIGATION OF MICROBES	18
2.1 Gram stain	19
2.2 Ziehl-Neelsen stain	19
2.3 Giemsa stain	20
2.4 Tasks	20
3. TOPIC: MICROBIAL CONTROL OF THE ENVIRONMENT AND STERILITY	21
3.1 Basic terms	21
3.2 Methods of decontamination	22
3.2.1 Physical methods	22
3.2.2 Chemical methods	24
3.2.3 Inactivation of prions	27
3.3 Control of the sterilization process	27
3.4 Microbial control of the environment	28
3.5 Tasks	29
4. TOPIC: MECHANISMS OF BACTERIAL PATHOGENESIS	30
4.1 Host damage	32
4.1.1 Exotoxins	32
4.1.2 Endotoxins	32

4.1.3 Enterotoxins -----	33
4.2 Toxigenity -----	33
4.2.1 Detection of toxigenity of <i>Corynebacterium diphtheriae</i> -----	34
4.2.2 Test on interaction of bacterial hemolysins -----	34
4.3 Tasks -----	35
5. TOPIC: SEROLOGICAL METHODS -----	36
5.1 Direct agglutination -----	36
5.2 Indirect (reverse) haemagglutination test -----	37
5.3 Direct haemagglutination -----	37
5.4 Inhibition of haemagglutination test (HAI or HIT) -----	37
5.5 Carrier agglutination -----	37
5.6 Precipitation -----	37
5.7 Complement-fixing reaction (CFR) -----	38
5.8 Neutralization -----	38
5.9 Techniques based on labeled antibodies -----	38
5.10 Selected serological techniques -----	39
5.10.1 Detection of specific antibodies to Epstein-Barr virus -----	39
5.10.2 Detection of antibodies against majority of viruses, protozoas and mycoplasmas -----	39
5.10.3 Detections of antibodies to <i>Listeria monocytogenes</i> and <i>Brucella abortus</i> -----	39
5.10.4 Paul-Bunnell reaction for antibody detection in course of infectious mononucleosis -----	40
5.10.5 Detection of antibodies against rheumatoid factor -----	40
5.10.6 Widal reaction -----	40
5.10.7 Detection of antistreptolysin O -----	40
5.11 Task -----	40
6. TOPIC: ANTIBIOTIC SUSCEPTIBILITY -----	41
6.1 Types of antimicrobial compounds -----	41
6.2 Mechanisms of antibiotics actions -----	42
6.3 Side effects of antimicrobial drugs -----	43
6.4 Resistance to antimicrobial drugs -----	43
6.5 Antibiotic policy -----	44
6.6 Determination of susceptibility to antimicrobial drugs -----	44
6.6.1 Disc diffusion technique -----	44
6.6.2 Determination of MIC and MBC -----	46
6.6.3 Detection of β -lactamases -----	48
6.7 Tasks -----	49
7. TOPIC: MEDICAL PARASITOLOGY -----	50
7.1 The life cycle of parasites -----	50
7.1.1 One host -----	51
7.1.2 Two hosts -----	51
7.1.3 More hosts -----	52
7.2 The parasite survival strategies -----	52
7.3 Invasivity -----	53
7.4 Diagnosis -----	53
7.4.1 Microscopic examination -----	53
7.4.2 Microbial biocenosis of the vagina -----	54
7.4.3 Serological examination -----	54
7.5 Prevention and therapy -----	55
7.6 Tasks -----	56
8. TOPIC: MICROBIAL COMMENSALS OF HUMANS -----	57
8.1 Skin -----	58
8.2 Oral cavity -----	59
8.3 Upper respiratory tract -----	61
8.4 Lower respiratory tract -----	61
8.5 Digestive tract -----	62

8.6 Vagina	64
8.7 Urinary tract	66
8.8 Bloodstream	66
8.9 Detection and effect of lysozyme	66
8.10 Tasks	67
9. TOPIC: COLLECTION OF SAMPLES FOR MICROBIAL TESTING	68
9.1 General rules for specimen collection	68
9.2 Skin	69
9.3 Oral cavity	69
9.4 Upper respiratory tract	69
9.5 Lower respiratory tract	70
9.6 Digestive tract	70
9.7 Vagina	71
9.8 Urine specimen collection	71
9.9 Blood stream	72
9.10 Cerebrospinal fluid (CSF) specimen collection	72
9.11 Pus and exudates	72
9.12 Post-mortem specimen collection	73
9.13 Task	73
CLINICAL MICROBIOLOGY	75
10. TOPIC: INOCULATION AND MULTIPLICATION OF CLINICAL MATERIAL	77
10.1 Collecting samples	77
10.2 Throat swab	77
10.3 Faeces	78
10.3.1 Detection of <i>Clostridium difficile</i> using the ImmunoCard test	78
10.4 Urine	80
10.5 Blood culture	81
10.6 Vaginal smear	82
10.7 Tasks	82
11. TOPIC: PREPARATION OF PURE CULTURES OF THE POTENTIAL PATHOGENS	83
11.1 Throat swab	84
11.2 Faeces	85
11.3 Urine	86
11.4 Blood culture	87
11.5 Tasks	88
12. TOPIC: IDENTIFICATION OF BACTERIA BY PHENOTYPICAL SIGNS	89
12.1 Theoretical background	89
12.2 Methods of identification	92
12.3 Performing the identification	93
12.3.1 Gram-positive cocci	94
12.3.1.1 Identification of streptococci	94
12.3.1.2 Identification of staphylococci	94
12.3.2 Identification of Gram-negative rods	96
12.3.2.1 Pied row	96
12.3.2.2 ENTEROtest	98
12.3.3 Yeast identification	99
12.3.3.1 Test on evaluation of vaginal mycosis	101
12.3.4 Tasks	102
13. TOPIC: IDENTIFICATION OF BACTERIA ACCORDING TO THEIR PHENOTYPICAL SIGNS	103
13.1 Tasks	103

14. TOPIC: DETERMINING SENSITIVITY TO ATB	104
14.1 Performing the sensitivity test	105
14.2 Antifungal drugs	105
14.3 Task	105
15. TOPIC: SEROTYPIZATION	106
15.1 Salmonellae typization	107
15.2 Tasks	107
16. TOPIC: COMPUTER IDENTIFICATION	108
16.1 Program GIDEON	109
16.2 IDBact program	109
16.3 TNW Lite program	109
16.4 Task	110
Appendix 1: Selected systemic pathogens	111
Appendix 2: Selected gastrointestinal tract pathogens	114
Appendix 3: Selected central nervous system pathogens	115
Appendix 4: Selected respiratory tract pathogens	117
Appendix 5: Selected genitourinary tract pathogens	119
Appendix 6: Selected skin and soft tissue pathogens	120
Appendix 7: Some emerging and re-emerging infections	122