

“Opening a new chapter in the archaeology of knowledge and the body, *How We Became Sensorimotor* charts how the inchoate mass of sensations within the bodily interior became the focus of increasingly intensive scientific inquiry from the mid-1800s onward. To read this deeply touching book is to come to know one’s innermost self from a rigorously empirical and objective yet intimately familiar angle.”

—DAVID HOWES, author of *The Sensory Studies Manifesto*

“Through rigorous archival research and fieldwork, Mark Paterson meticulously documents the historical practices that made the ‘sensorimotor’ body a thinkable concept. Crisscrossing neurology, experimental physiology, phenomenology, and chronophotography, *How We Become Sensorimotor* tells the fascinating story of the academic disciplines and artistic worlds that lodged internal sensations at the core of what it means to be a body.”

—ERICA FRETWELL, author of *Sensory Experiments: Psychophysics, Race, and the Aesthetics of Feeling*

The century between 1833 and 1945 fundamentally transformed science’s understanding of the body’s inner senses, revolutionizing fields like philosophy, the social sciences, and cognitive science. In *How We Became Sensorimotor*, Mark Paterson provides a systematic account of this transformative period while also demonstrating its substantial implications for current explorations into phenomenology, embodied consciousness, the extended mind, and theories of the sensorimotor, the body, and embodiment.

MARK PATERSON is associate professor of sociology at the University of Pittsburgh. He is author of *The Senses of Touch: Haptics, Affects, and Technologies* and *Seeing with the Hands: Blindness, Vision, and Touch after Descartes* and coeditor of *Touching Space, Placing Touch*.

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