

Contents

Educational Policy and Accreditation Standards (EPAS) and

Case Studies Crosswalk xi

Case Study Topic Areas Matrix xv

Preface xix

Acknowledgments xxiii

About the Editor xxv

Contributors xxvii

Part I Case Studies in Generalist Practice 1

Case Study I-1 Using the Ecological Model in Generalist
Practice: Life Transitions in Late Adulthood 5

SHIRLEY PATTERSON, JAN JESS, AND CRAIG WINSTON LECROY

Case Study I-2 Finding Resources: Case Management With
Childhood Chronic Illness 13

KATHY L. LORTIE

Case Study I-3 A Strengths-Focused Approach to
Community Development 21

JEANNINE K. CHAPELLE

Part II Case Studies in Integrating Theory and Practice 31

Case Study 2-1 Social Work Practice From an Ecological
Perspective 35

BARBRA TEATER

Case Study 2-2 Social Learning Theory in the Treatment
of Phobic Disorders 45

BRUCE A. THYER

Case Study 2-3 Relational Theory With a Young Adult Experiencing Interpersonal Problems	55
JOSEPH WALSH	
Case Study 2-4 Using a Family Systems Approach With the Adoptive Family of a Child With Special Needs	65
MARTHA MORRISON DORE	
Part III Case Studies in Child and Family Welfare	75
Case Study 3-1 Clinical Social Work in an Interdisciplinary Team: An Adolescent Inpatient Psychiatry Case	79
CATHERINE SAMMONS	
Case Study 3-2 Family Drug Court	87
CHRIS SWENSON-SMITH AND YESENIA CAMPOS	
Case Study 3-3 Child Welfare Supervision Case Study	97
CYNTHIA A. LIETZ	
Case Study 3-4 Challenging the Tradition: In Some Families, Violence Is a Way of Life	107
STEVEN KRUGMAN	
Part IV Case Studies in Family Therapy	113
Case Study 4-1 Homebuilders: Helping Families Stay Together	115
NANCY WELLS GLADOW, PETER J. PECORA, AND CHARLOTTE BOOTH	
Case Study 4-2 Humanizing the Impossible Case: Engaging the Power of a Family-Larger Systems Intervention	129
JAY LAPPIN AND JOHN VANDEUSEN	
Case Study 4-3 Completing Brad's Dreams	137
DAVID EDDY	
Part V Case Studies in Treating Adult Problems	141
Case Study 5-1 Nightshift	143
CARL OEKERMANN	
Case Study 5-2 Individual Treatment of Depression Using Cognitive Therapy	151
BRENT B. GEARY	

- Case Study 5-3 Jasmika, the Docs, and Me:
A Short Story With a Happy Ending About Partnership,
Collaboration, Social Work, and Psychiatric Medication 159

KIA J. BENTLEY

- Case Study 5-4 Beyond Just Words: Multisensory
Interventions Can Heighten Therapy's Impact 171

DANIE BEAULIEU

- Case Study 5-5 Treatment of Depression and
Coping With Chronic Pain Through Mindfulness-Oriented
Recovery Enhancement 181

AMBER KELLY AND ERIC GARLAND

Part VI Case Studies in Preventing Problems and Developing Resourcefulness 189

- Case Study 6-1 A Group-Based Approach to Stress Management 191

RANDY MAGEN

- Case Study 6-2 Mediation and Facilitation: Alternatives
to the Adversarial Process of Conflict Resolution in
Child Welfare Cases 205

SUSAN K. PARNELL

- Case 6-3 Project Home Base: How Berto Came
Indoors After 20 Years of Sidewalk Sleeping 217

CATHERINE SAMMONS

- Case Study 6-4 Treating Geriatric Depression
in the Context of Caregiving 225

KRISTEN GUSTAVSON

- Case Study 6-5 The Go Grrrls Program: Universal
Prevention for Early Adolescent Girls 235

CRAIG WINSTON LECROY

Part VII Case Studies in Group Work 249

- Case Study 7-1 A Mutual Aid Support Group for
Persons With AIDS in Early Substance Abuse Recovery 253

LAWRENCE SHULMAN

- Case Study 7-2 A Group for Relatives and Friends of the
Institutionalized Aged 267

TOBY BERMAN-ROSSI AND ALEX GITTERMAN

Case Study 7-3 A Social Skills Group for Children	281
CRAIG WINSTON LECROY	
Case Study 7-4 Group Work With Men Who Batter	291
RICHARD M. TOLMAN AND LARRY BENNETT	
Part VIII Case Studies in Diversity	301
Case Study 8-1 The Case of Ruth and Janice	305
DEANA F. MORROW AND FRANCES E. TACK	
Case Study 8-2 Counseling an Interracial Couple	313
MAN-KEUNG HO	
Case Study 8-3 Working With the Urban Poor	319
MYRTLE PARNELL AND JO VANDERKLOOT	
Case Study 8-4 Highlighting the Role of Cross-Cultural Competence in Ethically Sound Practice	329
KATHLEEN COX, NANCY SULLIVAN, JENNIFER REIMAN, AND CHER VANG	
Part IX Case Studies in Using Practice Evaluation	337
Case Study 9-1 Evaluating the Treatment of a Sexually Assaulted Child	341
BETTY J. BLYTHE	
Case Study 9-2 Doing Family Therapy With an Acting-Out Adolescent: Using Rapid Assessment Tools in Clinical Practice	349
KEVIN CORCORAN AND KRISTIN BEERS	
Case Study 9-3 Practice Evaluation Methods: Practical Variations on a Theme	357
PAULA S. NURIUS AND SARA GREEN	
Case Study 9-4 Becoming Evidence-Based: A Social Work Agency's Effort to Move Research Into Practice	369
JENNIFER L. BELLAMY	
<i>Key Words</i>	381
<i>Index</i>	385