

# Contents

PREFACE ix

ABOUT THE AUTHOR xii

1. The Building Blocks of Relationships	1
THE NATURE AND IMPORTANCE OF INTIMACY	2
THE INFLUENCE OF CULTURE	6
THE INFLUENCE OF EXPERIENCE	14
THE INFLUENCE OF INDIVIDUAL DIFFERENCES	20
THE INFLUENCE OF HUMAN NATURE	37
THE INFLUENCE OF INTERACTION	41
THE DARK SIDE OF RELATIONSHIPS	42
FOR YOUR CONSIDERATION	42
KEY TERMS	43
CHAPTER SUMMARY	43
SUGGESTIONS FOR SATISFACTION	45
REFERENCES	45
2. Research Methods	59
THE SHORT HISTORY OF RELATIONSHIP SCIENCE	60
DEVELOPING A QUESTION	64
OBTAINING PARTICIPANTS	64
CHOOSING A DESIGN	68
THE NATURE OF OUR DATA	70
THE ETHICS OF SUCH ENDEAVORS	76



INTERPRETING AND INTEGRATING RESULTS	78
A FINAL NOTE	80
FOR YOUR CONSIDERATION	80
KEY TERMS	81
CHAPTER SUMMARY	81
SUGGESTIONS FOR SATISFACTION	82
REFERENCES	82
3. Attraction	87
THE FUNDAMENTAL BASIS OF ATTRACTION	87
PROXIMITY: LIKING THOSE NEAR US	88
PHYSICAL ATTRACTIVENESS: LIKING THOSE WHO ARE LOVELY	94
RECIPROCITY: LIKING THOSE WHO LIKE US	105
SIMILARITY: LIKING THOSE WHO ARE LIKE US	107
SO, WHAT DO MEN AND WOMEN WANT?	116
FOR YOUR CONSIDERATION	119
KEY TERMS	119
CHAPTER SUMMARY	119
SUGGESTIONS FOR SATISFACTION	121
REFERENCES	121
4. Social Cognition	133
FIRST IMPRESSIONS (AND BEYOND)	133
THE POWER OF PERCEPTIONS	140
IMPRESSION MANAGEMENT	156
SO, JUST HOW WELL DO WE KNOW OUR PARTNERS?	161
FOR YOUR CONSIDERATION	166
KEY TERMS	166
CHAPTER SUMMARY	167
SUGGESTIONS FOR SATISFACTION	168
REFERENCES	169



5. Communication	179
NONVERBAL COMMUNICATION	181
VERBAL COMMUNICATION	193
DYSFUNCTIONAL COMMUNICATION AND WHAT TO DO ABOUT IT	203
FOR YOUR CONSIDERATION	209
KEY TERMS	209
CHAPTER SUMMARY	209
SUGGESTIONS FOR SATISFACTION	211
REFERENCES	211
6. Interdependency	221
SOCIAL EXCHANGE	221
THE ECONOMIES OF RELATIONSHIPS	229
ARE WE REALLY THIS GREEDY?	241
THE NATURE OF COMMITMENT	249
FOR YOUR CONSIDERATION	254
KEY TERMS	255
CHAPTER SUMMARY	255
SUGGESTIONS FOR SATISFACTION	257
REFERENCES	257
7. Friendship	266
THE NATURE OF FRIENDSHIP	266
FRIENDSHIP ACROSS THE LIFE CYCLE	275
DIFFERENCES IN FRIENDSHIP	279
FRIENDSHIP DIFFICULTIES	285
FOR YOUR CONSIDERATION	295
KEY TERMS	296
CHAPTER SUMMARY	296
SUGGESTIONS FOR SATISFACTION	297
REFERENCES	298



8.1	Love	308
181	A BRIEF HISTORY OF LOVE	308
191	TYPES OF LOVE	310
202	INDIVIDUAL AND CULTURAL DIFFERENCES IN LOVE	327
209	DOES LOVE LAST?	331
209	FOR YOUR CONSIDERATION	335
209	KEY TERMS	336
211	CHAPTER SUMMARY	336
212	SUGGESTIONS FOR SATISFACTION	337
	REFERENCES	337
9.	Sexuality	343
222	SEXUAL ATTITUDES	343
241	SEXUAL BEHAVIOR	348
249	SEXUAL SATISFACTION	366
254	SEXUAL COERCION	374
255	FOR YOUR CONSIDERATION	377
255	KEY TERMS	377
257	CHAPTER SUMMARY	377
257	SUGGESTIONS FOR SATISFACTION	379
	REFERENCES	379
260	Social Cognition	381
10.	Stresses and Strains	395
272	PERCEIVED RELATIONAL VALUE	395
279	HURT FEELINGS	397
282	OSTRACISM	400
292	JEALOUSY	402
296	DECEPTION AND LYING	413
296	BETRAYAL	417
297	FORGIVENESS	421
298	REFERENCES	421



FOR YOUR CONSIDERATION	423
KEY TERMS	424
CHAPTER SUMMARY	424
SUGGESTIONS FOR SATISFACTION	426
REFERENCES	426
 11. Conflict	 436
THE NATURE OF CONFLICT	436
THE COURSE OF CONFLICT	440
THE OUTCOMES OF CONFLICT	454
FOR YOUR CONSIDERATION	459
KEY TERMS	460
CHAPTER SUMMARY	460
SUGGESTIONS FOR SATISFACTION	461
REFERENCES	462
 12. Power and Violence	 468
POWER AND INTERDEPENDENCE	468
VIOLENCE IN RELATIONSHIPS	482
FOR YOUR CONSIDERATION	493
KEY TERMS	493
CHAPTER SUMMARY	493
SUGGESTIONS FOR SATISFACTION	495
REFERENCES	495
 13. The Dissolution and Loss of Relationships	 503
THE CHANGING RATE OF DIVORCE	503
THE PREDICTORS OF DIVORCE	509
BREAKING UP	519
THE AFTERMATH OF BREAKUPS	523



FOR YOUR CONSIDERATION	533
KEY TERMS	533
CHAPTER SUMMARY	533
SUGGESTIONS FOR SATISFACTION	535
REFERENCES	535
14.4 Maintaining and Repairing Relationships	544
MAINTAINING AND ENHANCING RELATIONSHIPS	546
REPAIRING RELATIONSHIPS	554
IN CONCLUSION	563
FOR YOUR CONSIDERATION	564
KEY TERMS	564
CHAPTER SUMMARY	565
SUGGESTIONS FOR SATISFACTION	566
REFERENCES	566
AUTHOR INDEX	I-1
SUBJECT INDEX	I-26
KEY TERMS	374
CHAPTER SUMMARY	374
SUGGESTIONS FOR SATISFACTION	374
REFERENCES	374
Stresses and Strains	395
PERCEIVED RELATIONAL VALUE	395
HURT FEELINGS	397
OSTRACISM	402
JEALOUSY	402
DECEPTION AND LYING	413
BETRAYAL	417
FORGIVENESS	421