## CONTENTS

TIE

Contrib	utors	ix
	Introduction to The Other Side of Psychotherapy o N. Fuertes	3
I. CL	IENT FACTORS IN THERAPY PROCESSES AND OUTCOMES	11
1.	Client Expertise: The Active Client in Psychotherapy Arthur C. Bohart and Karen Tallman	13
2.	Understanding and Enhancing Client Motivation João Tiago Oliveira, Juan Martín Gómez-Penedo, and Martin grosse Holtforth	45
3.	Patient Readiness to Change: What We Know About Their Stages and Processes of Change John C. Norcross, Danielle M. Cook, and Jairo N. Fuertes	73
4.	Therapist and Client Facilitative Interpersonal Skills in Psychotherapy Timothy Anderson and Matthew R. Perlman	99
5.	Clients' Experiences of Attachment in the Psychotherapy Relationship Brent Mallinckrodt	125
6.	Clients' Agentic and Self-Healing Activities in Psychotherapy Amy Greaves	159

- Calle Jack William Called Called

viti Contents

PHOTORRETMI TRIGARBITATIONS

tristiD entros xhoW

They Provide

Their Mechanisms

Charles J. Gelso and Kailinyn v. Kline

James F. Boswell and Adela Scharff.

Experiences of Psychotherapy

Rodney K. Goodyear and Hideko Sera

11. Chents Own Perspectives on Psychothera

phibns vassed to asphehead 'atheilo ist

Tine Client's Function in the Psychotherapy Relationship:

8. Client-Focused Assessment and Intervention: Talloring the

9. Rethinking Therapists' Responsiveness to Center Chents'

70. Clients' influence on Psychotherapists and the Treatment

Michael J. Constantino, Aven M. Gaines, and Alice E. Coyne

Heidi M. Levitt, Kathicen M. Collins, Javier I. Rizo, and Ally S. Hand

What Cilents Experience and Contribute

125

II. CLI	ENT-THERAPIST INTERACTIONS	203
7.	The Client's Function in the Psychotherapy Relationship: What Clients Experience and Contribute Charles J. Gelso and Kathryn V. Kline	205
8.	Client-Focused Assessment and Intervention: Tailoring the Work to the Client James F. Boswell and Adela Scharff	235
9.	Rethinking Therapists' Responsiveness to Center Clients' Experiences of Psychotherapy Heidi M. Levitt, Kathleen M. Collins, Javier L. Rizo, and Ally B. Hand	265
10.	Clients' Influence on Psychotherapists and the Treatment They Provide Rodney K. Goodyear and Hideko Sera	295
11.	Clients' Own Perspectives on Psychotherapy Outcomes and Their Mechanisms Michael J. Constantino, Averi N. Gaines, and Alice E. Coyne	317
12.	Clients' Experiences of Therapy Ending Cheri Marmarosh	351
III. INT	TEGRATION AND DISCUSSION	379
13.	Closing Thoughts About The Other Side of Psychotherapy Jairo N. Fuertes	381
Index About the Editor		393 415
	L Understanding and Enhancing Client Motiverson  Jose Tiego Oliveira, Joan Martin Gómez-Penedo, and  Martin grosse Holitonia	

3. Patient Readiness to Change: What We Know About Their

ober C. Normess, Danielle M. Cook, and Julio N. Fuertes

S. Cilente Expertences of Artachment Intine Paychotherapy

6. 'Clients' Agentic and Self-Healing Activities in Psychotherapy

4. Therapist and Cilent Facilitative Interpersonal Skills

Stages and Processes of Change

Tunioriny Auderson and Marinew R. Pennan

voisterfortherapy

quitanoimon.