

Contents

Contributors	v
Preface	ix
SECTION 1	
NEUROSCIENCE NURSING: CONTEMPORARY PRACTICE	1
CHAPTER 1	
The State of the Science of Neuroscience Nursing Practice	1
<i>Joanne V. Hickey</i>	
Introduction	1
The State of Health Care and Practice	1
The Information Society	2
Trends Shaping Health Care Delivery	2
National Agenda for Health	5
Professional Nursing and Neuroscience Specialty Practice	6
CHAPTER 2	
Ethical Perspectives and End-of-Life Care	10
<i>Shannon E. Pearce</i>	
Introduction	10
National Initiatives and Trends	10
An Ethical Perspective of Neuroscience Practice	11
Ethics, Morality, and Legality	12
Framework for Ethical Decision Making	13
Interdisciplinary Team	14
Decision-Making Capacity and Advance Directives and Living Wills	17
End-of-Life Care	19
National Palliative Care Guidelines	20
Referral to Palliative Care	20
Fostering Professional Growth in Ethical Decision Making	25
CHAPTER 3	
Beyond the Hospital: Preparing and Caring for Neuroscience Patients After Acute Care	29
<i>Andrea L. Strayer, Rachel M. Kiley, and Nancy E. Villanueva</i>	
Introduction	29
Magnitude of the Challenge: The Number of People Living With Neurological Disorders	29
Patient- or Person-Centered Care? Concepts in Evolution	30
Person- and Family-Centered Care Engagement and Outcomes	30
Person- and Family-Centered Care: Evidence-Based Practice	30
Agenda for Nurse-Led Care Coordination	32

Care Coordination Communication	33
Caregiving Settings Beyond Critical and Acute Care	34
Unique Discharge Challenges	37
Interprofessional Team	38
Two-Way Communication	38
Caregiving by Family and Friends	40
Care for the Caregiver	42
Research Gaps	42
Future Directions	43

SECTION 2

ASSESSMENT AND EVALUATION OF NEUROSCIENCE PATIENTS

47

CHAPTER 4

Overview of Neuroanatomy and Neurophysiology

47

Joanne V. Hickey

Introduction	47
Embryonic Development of the Nervous System	47
Cells of the Nervous System	47
Components of the Cell Body	48
Cell Processes: Axons and Dendrites	49
Physiology of Nerve Impulses	50
Functions and Divisions of the Nervous System	53
Cranial and Spinal Bones	53
Spine	55
Ligaments of the Spine	55
Intervertebral Discs	55
Meninges	56
Cerebrospinal Fluid	58
Cerebrovascular Circulation	60
Characteristics of the Cerebral Circulation	60
Blood–Brain Barrier, the BBB	64
Brain (Encephalon)	65
General Functions of the Cerebral Cortex	
According to Lobes	67
Dominance of a Cerebral Hemisphere	69
Corpus Callosum	69
Basal Ganglia	69
Diencephalon	69
Internal Capsule	70
Hypophysis (Pituitary Gland)	70
Brainstem (Midbrain, Pons, and Medulla)	71
Cerebellum	72
Special Systems Within the Brain	72
Spinal Cord	74
Dorsal (Sensory) Roots	76

Ventral (Motor) Roots	76	Assessment of Extraocular Movement (Oculomotor, Trochlear, and Abducens Nerves)	171
Classification of Nerve Fibers.....	76	Assessment of the Conscious, Cooperative Patient.....	171
Motor System	78	Assessment of the Unconscious Patient	172
Sensory System.....	78	Assessment of Motor Function.....	172
Autonomic Nervous System	81	Assessment of Muscle Strength	174
Cranial Nerves	86	Involuntary Movement, Posture, and Gait	175
CHAPTER 5		Sensory Assessment.....	175
Diagnostics for Patients With Neurological Disorders	93	Frequency and Documentation of Sensory Data.....	175
<i>Nicole Bennett</i>		Assessment of Cerebellar Function	175
Introduction.....	93	Vital Signs and Clinical Implications	176
Patient and Family Teaching.....	93	Summary.....	181
X-Rays of the Head and Vertebral Column	94		
Structural Neuroimaging Techniques of the Brain and Spinal Cord	95		
Functional Neuroimaging Techniques of the Brain.....	102		
Cerebrospinal Fluid and Spinal Procedures	103		
Cerebrovascular Neuroimaging.....	105		
Biopsies.....	107		
Nervous System Electrical Activity and Conduction	108		
Genetic Testing.....	111		
Neuropsychologic Examination	111		
Summary.....	112		
CHAPTER 6			
Comprehensive Neurological Examination	113		
<i>Joanne V. Hickey</i>			
Purposes	113	SECTION 3	
The Neurological Examination.....	114	NEUROSCIENCE NURSING: COMMON MANAGEMENT CHALLENGES	183
Conducting the Neurological Examination.....	116		
Level of Consciousness.....	116	CHAPTER 8	
Mental Status Examination	116	Intracranial Hypertension: Theory and Management of Increased Intracranial Pressure	183
Cranial Nerve Examination	121	<i>Joanne V. Hickey and JJ Baumann</i>	
Motor System Examination.....	134	Introduction.....	183
Upper Extremities	135	Concept of Intracranial Pressure	183
Lower Extremities	135	Pathophysiology.....	189
Sensory System Examination.....	142	Herniation Syndromes of the Brain	190
Cerebellar System Examination	146	Signs and Symptoms of Increased Intracranial Pressure....	196
Reflexes	146	Management of Patients With Intracranial Hypertension: An Interdisciplinary Collaborative Problem	200
The Neurological Examination of the Comatose Patient.....	149	Monitoring Intracranial Pressure.....	210
Summary.....	153	Special Syndromes: Benign Intracranial Hypertension and Hydrocephalus	214
Acknowledgment	154		
CHAPTER 7			
Neurological Assessment	154	CHAPTER 9	
<i>Joanne V. Hickey</i>		Hydrocephalus	217
Introduction.....	154	<i>Nancy E. Villanueva</i>	
Establishing a Nursing Database	154	Pathophysiology.....	218
Overview of Neurological Assessment	155	Etiologies.....	218
Frequency of Assessment and Documentation.....	156	Classification of Hydrocephalus	218
Concept of Consciousness.....	156	Communicating Hydrocephalus.....	218
Identifying the Levels of Consciousness	159	Noncommunicating Hydrocephalus	219
The Glasgow Coma Scale	160	Assessment	220
Changes in Level of Consciousness	161	Operative Procedures.....	221
Recovery and Rehabilitation.....	164	Shunt Malfunction.....	222
Behavior and Stream of Mental Activity	164	Summary.....	227
Cranial Nerve Assessment.....	164		
Assessment of Visual Fields (Optic Nerve)	165		
Assessment of Pupils (Oculomotor Nerve).....	166		

CHAPTER 11**Neuroendocrine Disorders in Neuroscience Patients.....247***Laura J. Griffin*

Introduction.....	247
Hypothalamic–Pituitary Axis.....	247
Hypothalamic–Pituitary–Adrenal Axis.....	250
Fluid and Sodium Regulation.....	251
Dysfunction of Hypothalamic–Pituitary Axis.....	252
Sodium Disturbances.....	253
Syndrome of Inappropriate Secretion of Antidiuretic Hormone.....	255
Cerebral Salt Wasting.....	256
Hypernatremia	257
Diabetes Insipidus.....	257
Other Common Electrolyte Imbalances.....	259
Hypothalamic–Pituitary–Adrenal Axis Dysfunction.....	261
Summary.....	262

CHAPTER 12**Neurosurgical Procedures: Patient Care
Management.....264***Lori Kennedy Madden, Mary Anne Ruiz, and Kia Shahlaie*

The Preoperative Phase	264
The Perioperative Phase.....	266
Neurosurgical Procedures and Other Related Therapeutic Techniques	271
Postoperative Phase.....	277
Postoperative Management and Prevention of Complications	282
Neurological Deficits in the Postoperative Period	286
Nurse's Role in Rehabilitation and Discharge Planning	287
Selected Neurosurgical Procedures	288
Future Trends	291
Summary.....	292

CHAPTER 13**Rehabilitation of Patients With Neurological
Disorders***Joanne V. Hickey and Lisa W. Thomas*

Introduction.....	293
Framework for Disability	293
Concepts of Rehabilitation	294
A Philosophy of Rehabilitation	294
Assessment of Activities of Daily Living	297
Principles of Rehabilitation Nursing.....	298
The Basis of Movement and Treatment of Movement Disorders	299
Management of the Skin	307
Sensory–Perceptual Deficits.....	307
Communication Deficits.....	309
Swallowing Deficits	309
Bladder Dysfunction and Retraining.....	312
Bowel Elimination and Dysfunction.....	317
Cognitive Rehabilitation	319
Home-Based Care of the Patient Who is Ventilator Dependent.....	319
Discharge Planning.....	319
Rehabilitation Legislation and Entitlement Programs	320
Summary.....	320

SECTION 4**NURSING MANAGEMENT OF PATIENTS WITH
INJURY TO THE NEUROLOGICAL SYSTEM**

327

CHAPTER 14**Craniocerebral Injuries.....327**

<i>Norma D. McNair</i>	
Scope of the Problem	327
Overview of Craniocerebral Trauma.....	327
Pathophysiology.....	328
Primary Brain Injury	329
Secondary Brain Injury.....	330
Primary Injury: Diagnosis and Management	332
Other Injuries Related to Traumatic Brain Injury.....	340
Management of the Traumatic Brain Injury Patient: The Continuum of Care	341
Prehospital Management.....	344
Emergency Department or Trauma Center Management ..	345
Intensive Care Unit Management of Severe Traumatic Brain Injury.....	346
Management of Severe Traumatic Brain Injury During the Postacute Phase.....	356
Rehabilitation.....	356
Predicting Outcome from Traumatic Brain Injury.....	356
Prevention of Traumatic Brain Injury	357
Management of Traumatic Brain Injury: A Dynamic Process Through Research	357
Assessment and Clinical Reasoning: Key Role of the Neuroscience Nurse in Patient Care	358
Nursing Management of Traumatic Brain Injury.....	360
Nursing Management for Special Problems	361
Summary and Future Trends	362

CHAPTER 15**Spine and Spinal Cord Injuries.....365***Andrea L. Strayer*

A Perspective.....	365
Understanding the Spine and Spinal Cord Injuries	366
Specific Categories of Injuries	367
Acute Spinal Cord Trauma	384
Early Management of Patients With Spinal Cord Injury	387
Surgical Management of Spinal Cord Injury	391
Nonsurgical Management of Spinal Fractures and Spinal Cord Injuries	392
Focus on Collaborative Management in the Acute and Postacute Phases	394
Major Patient Management Responsibilities of the Nurse	395
Research.....	412
Summary.....	413

CHAPTER 16**Back Pain and Spinal Disorders.....417***Andrea L. Strayer*

Introduction.....	417
Conditions Related to Back or Neck Pain	417
Low Back Pain	420
Neck Pain.....	422
Herniated Intervertebral Discs.....	423

Additional Common Diagnoses	436
Recurrent Symptoms After Surgery.....	447
Research and Future Trends in Practice	447
Summary.....	447

SECTION 5

NURSING MANAGEMENT OF CRANIAL NERVE DISORDERS AND PERIPHERAL NERVE INJURIES ... 449

CHAPTER 17

Cranial Nerve Diseases.....	449
<i>Mary McKenna Guanci</i>	
Trigeminal Nerve.....	449
Trigeminal Neuralgia	449
Bell's Palsy.....	452
Ménière's Disease	454
Glossopharyngeal Neuralgia.....	455

CHAPTER 18

Peripheral Nerve Injuries	456
<i>Miriana Popadich and Andrea L. Strayer</i>	
Introduction.....	456
Nerve Anatomy	457
Pathophysiology of Acute Nerve Injury	458
Pathophysiology of Chronic Nerve Injury	460
Approach to Patient Care.....	460
Diagnosis of Peripheral Nerve Injuries.....	463
Types of Peripheral Nerve Trauma	463
Planning and Implementation Treatment	467
Entrapment Neuropathies.....	468
Selected Chronic Peripheral Neuropathies	471
Collaborative and Nursing Management of the Patient With Peripheral Nerve Trauma and Chronic Illness-Related Neuropathies	472
Research and Future Trends in Practice	473
Summary.....	474

SECTION 6

Nursing Management of Patients With Neoplasms of the Neurological System ... 477

CHAPTER 19

Brain Tumors.....	477
<i>Jennifer E. Cahill</i>	
Overview of Brain Tumors.....	477
Signs and Symptoms of Brain Tumor.....	487
Associated Increased Intracranial Pressure Signs	489
Approach to the Patient with a Brain Tumor.....	490
Nursing Management of the Patient with a Brain Tumor... 501	
Summary.....	510

CHAPTER 20

Spinal Cord Tumors	511
<i>Julie G. Walker</i>	
Epidemiology	511
Classification.....	511
Pathophysiology.....	513

Signs and Symptoms Associated with Spinal Cord Tumors.....	515
Diagnosis.....	517
Principles of Treatment	518
Nursing Management of the Patient with a Spinal Cord Tumor	521

SECTION 7

NURSING MANAGEMENT OF PATIENTS WITH CEREBROVASCULAR DISEASE ... 527

CHAPTER 21

Transient Ischemic Attacks and Acute Ischemic Stroke ... 527	
<i>Sarah L. Livesay and Joanne V. Hickey</i>	
Disease-Specific Certification: Stroke Centers of Excellence	528
Public and Professional Education.....	528
Transient Ischemic Attacks	529
Definition and Classification of Stroke.....	529
Ischemic Stroke Subtypes	531
Anatomy, Atherogenesis, and Pathophysiology Related to Acute Ischemic Stroke	533
Signs and Symptoms of Stroke Syndromes According to the Involved Vessel	534
Medical Management and Treatment of Acute Ischemic Stroke	540
General Nursing Management of the Stroke Patient	548

CHAPTER 22

Intracerebral Hemorrhagic Stroke	557
<i>Joanne V. Hickey and Sarah L. Livesay</i>	
Introduction.....	557
Overview	557
Etiology of Intracerebral Hemorrhage	557
Pathophysiology of Intracerebral Hemorrhagic Stroke	558
Clinical Presentation of ICH	559
Diagnostics	560
Nursing Management of the Hemorrhagic Stroke Patient.....	565
Coordination and Transitions in Care and Discharge Planning	567
Summary.....	569

CHAPTER 23

Intracranial Aneurysms	572
<i>Tina Resser and Andrea L. Strayer</i>	
Overview	572
Locations of Aneurysms and Size	575
Clinical Grading Scales	578
Complications of Ruptured Aneurysm.....	587
Nursing Management of the Patient With a Cerebral Aneurysm	593
Pharmacologic Dual Antiplatelet Therapy With Stent-Assisted Embolization and Flow Diversion in Neuroendovascular Surgery.....	596
Summary.....	598
Acknowledgment	598

CHAPTER 24

Arteriovenous Malformations and Other Cerebrovascular Anomalies	601
JJ Baumann	
Introduction.....	601
Classifications of Vascular Malformations.....	601
Arteriovenous Malformations in the Adult: An Overview ..	605
Pediatric Arteriovenous Malformations.....	611
Arteriovenous Malformations and Pregnancy.....	618
Nursing Management of Arteriovenous Malformations	618
Acknowledgment.....	619

SECTION 8**NURSING MANAGEMENT OF PATIENTS WITH PAIN, SEIZURES, AND CNS INFECTIONS**

621

CHAPTER 25

Chronic Pain	621
Maureen F. Cooney	
Introduction.....	621
Definition of Terms.....	622
Pain Theories.....	623
Anatomy and Physiology of Pain.....	624
Assessment and Management of Chronic Pain.....	625
Overview of Management and Treatment Options for Chronic Pain.....	630
Nursing Management of Patients With Chronic Pain.....	635
Pain Management and the Future.....	636
Summary.....	636

CHAPTER 26

Headaches	638
Amy F. Larson	
Introduction.....	638
Pain-Sensitive Cranial Structures and Pathophysiology	639
Classification of Headaches.....	639
Approach to Management of Headaches.....	641
Nursing Management of the Patient With Headache	648
Research Trends.....	651
Summary.....	651

CHAPTER 27

Seizures and Epilepsy	652
Kathy M. England and Madona Plueger	
Introduction.....	652
Entry into Health Care.....	652
Background and Definitions.....	652
Seizure Classification and Observations/Identification	658
Summary.....	664
Treatment.....	664
First-Generation AEDs	667
Second- and Third-Generation AEDs.....	669
Other Treatment Options.....	672
Management of Seizures and Status Epilepticus.....	673
Nursing Management of Patients With Epilepsy: Community-Based Care	675
Future Directions	679
Summary.....	679

CHAPTER 28

Infections of the Central Nervous System	681
Michelle VanDemark	
Introduction.....	681
Meningitis.....	681
Encephalitis	688
Other Viral Organisms that Attack the Central Nervous System	695
Research.....	700
Future	702
Summary.....	702

SECTION 9**NURSING MANAGEMENT OF PATIENTS WITH MOVEMENT DISORDERS, NEURODEGENERATIVE AND NEUROMUSCULAR DISEASES**

705

CHAPTER 29

Parkinson's Disease	705
Susan L. Heath	
Introduction.....	705
Surgical Management	718
Summary.....	725
Palliative Care Resources	725

CHAPTER 30

Alzheimer's Disease and Related Dementias	729
Michele Grigaitis-Reyes	
Mild Cognitive Impairment	729
Pathophysiology of MCI.....	730
Dementia.....	730
Alzheimer's Disease	732
Related Dementias	735
Research.....	739
Summary.....	740

CHAPTER 31

Multiple Sclerosis	741
Patricia Pagnotta	
Pathogenesis and Pathophysiology	742
Signs and Symptoms	744
Diagnosis.....	746
Magnetic Resonance Imaging, Evoked Potentials, and Optical Coherence Tomography	747
Treatment.....	747
Research.....	750

CHAPTER 32

Guillain–Barré Syndrome	752
Mary McKenna Guanci, Vanessa McKenna, and Jean Fahey	
Introduction.....	752
Diagnosis.....	753
Collaborative Management	754
Medical Treatment	754
Nursing Management.....	754
Neurological Examination.....	755
Respiratory	755
Hemodynamics.....	755

Pain.....	755
Anxiety.....	756
Sleep.....	756
Mobility.....	756
Skin Integrity.....	756
Nutrition	757
Transitions.....	757
CHAPTER 33	
Myasthenia Gravis.....	758
<i>Wilma F. Koopman</i>	
Introduction.....	758
Neuromuscular Transmission and Pathophysiology.....	758
Nursing Management.....	766
Summary.....	767
CHAPTER 18	
Peripheral Nerve Injuries.....	455
<i>Miriana Popadich and Andrea L. Strayer</i>	
Introduction.....	456
Nerve Anatomy.....	457
Pathophysiology of Acute Nerve Injury.....	458
Pathophysiology of Chronic Nerve Injury.....	460
Approach to Patient Care	460
Diagnosis of Peripheral Nerve Injuries.....	463
CHAPTER 29	
Multiple Sclerosis and Related Disorders.....	465
<i>Andrea L. Strayer</i>	
Planning and Implementation Treatment.....	467
Intraparenchymal Neuropathies.....	468
Selected Chronic Peripheral Neuropathies.....	471
Collaborative and Nursing Management of the Chronic Patient With Peripheral Nerve Trauma and Disease.....	472
Chronic Illness-Related Neuropathies.....	473
Research and Future Trends in Practice.....	473
Summary.....	474
CHAPTER 31	
Multifocal Gliosis.....	477
<i>Barbara Pashos</i>	
Pathogenesis and Epidemiology.....	477
Diagnosis.....	477
Management.....	477
Treatment.....	487
Associated Increased Intracranial Pressure.....	489
CHAPTER 19	
Brain Tumors.....	491
<i>Tamara E. Cahill</i>	
Overview of Brain Tumors.....	491
Signs and Symptoms of Brain Tumor.....	491
Associated Increased Intracranial Pressure.....	493
Approach to the Patient with a Brain Tumor.....	495
Nursing Management of the Patient with a Brain Tumor.....	497
Summary.....	500
CHAPTER 20	
Cervical Cord Injuries.....	501
<i>Steve G. Walker</i>	
Pathophysiology.....	501
Assessment.....	501
Classification.....	502
Pathophysiology.....	502
CHAPTER 34	
Amyotrophic Lateral Sclerosis.....	768
<i>Erin L. Springer</i>	
Introduction.....	768
Pathophysiology.....	768
Treatment and Management	771
Collaborative Teams	773
Palliative Care and End-of-Life Issues	774
Nursing Management.....	774
Research.....	775
Future Trends in Practice.....	775
Summary.....	775
Index.....	777