

# CONTENTS

Preface .....	xix
<b>SECTION 1 HOW DO I FIND AND USE EVIDENCE?</b>	<b>1</b>
Chapter 1 What is evidence and why do I need to understand research?.....	3
Chapter 2 Locating evidence.....	17
<b>SECTION 2 HOW CAN I MAKE SENSE OF RESEARCH EVIDENCE?</b>	<b>35</b>
Chapter 3 Understanding how research is done.....	37
Chapter 4 Understanding quantitative research approaches .....	57
Chapter 5 Understanding qualitative research approaches.....	89
<b>SECTION 3 HOW DO I CRITICALLY EVALUATE RESEARCH STUDIES?</b>	<b>111</b>
Chapter 6 Critiquing research .....	113
Chapter 7 Ethics and research in nursing and midwifery .....	139
<b>SECTION 4 HOW DO I USE EVIDENCE TO INFORM MY PRACTICE?</b>	<b>159</b>
Chapter 8 Applying evidence in practice.....	161
Chapter 9 Writing effective reviews of literature.....	181
<b>SECTION 5 HOW DO I PURSUE A NURSING OR MIDWIFERY RESEARCH FUTURE?</b>	<b>195</b>
Chapter 10 Research pathways for nurses and midwives .....	197
Glossary of terms.....	219
Index.....	231