## CONTENTS

Preface		xix
SECTION 1	HOW DO I FIND AND USE EVIDENCE?	1
Chapter 1	What is evidence and why do I need to understand research?	3
Chapter 2	Locating evidence	17
SECTION 2	HOW CAN I MAKE SENSE OF RESEARCH EVIDENCE?	35
Chapter 3	Understanding how research is done	37
Chapter 4	Understanding quantitative research approaches	57
Chapter 5	Understanding qualitative research approaches	89
SECTION 3	HOW DO I CRITICALLY EVALUATE RESEARCH STUDIES?	111
Chapter 6	Critiquing research	.113
Chapter 7	Ethics and research in nursing and midwifery	.139
SECTION 4	HOW DO I USE EVIDENCE TO INFORM	
	MY PRACTICE?	159
Chapter 8	Applying evidence in practice	.161
Chapter 9	Writing effective reviews of literature	. 181
SECTION 5	HOW DO I PURSUE A NURSING OR MIDWIFERY	
	RESEARCH FUTURE?	195
Chapter 10	Research pathways for nurses and midwives	.197
Glossary of te	rms	.219
Index		.231