

# Contents

- 1 **Attachment Narrative Therapy** 1  
*Rudi Dallos*
- 2 **Towards a Secure Exploration of Attachment and Shame  
Using Attachment Narrative Therapy** 33  
*Myriam Laplanche*
- 3 **Supporting Parents of Children with an Intellectual  
Disability Using Attachment Narrative Therapy** 65  
*Mark Hudson*
- 4 **Taking an Insider Position to Working with Family  
Conflict, Violence and Domestic Abuse: Contributions  
from Attachment Narrative Therapy** 95  
*Rebecca Infanti-Milne, Richard McKenny, and Lee Walton*
- 5 **Working Systemically with Family Violence and  
Attachment Dilemmas** 121  
*Arlene Vetere*



<b>6</b>	<b>SAFE, a Manualised Version of Attachment Narrative Therapy Designed for Families of Children with an Autism Diagnosis</b>	<b>139</b>
	<i>Rebecca Stancer</i>	
<b>7</b>	<b>Self-Harm: Moving from Dyads to Triads</b>	<b>161</b>
	<i>Ramón Karamat Ali and Rudi Dallos</i>	
<b>8</b>	<b>Fostering Home–School Relationships: SAFE with Schools (SwiS)</b>	<b>195</b>
	<i>Tara Vassallo</i>	
<b>9</b>	<b>Long-Term Supervision in Post-Qualification Systemic Psychotherapy: An Attachment Narrative Approach</b>	<b>229</b>
	<i>Arlene Vetere, Rebecca Infanti-Milne, Lee Walton, and Richard McKenny</i>	
<b>10</b>	<b>Setting Up an ANT-Based Systemic Family Therapy Clinic: Experiences, Recommendations and Extensions</b>	<b>247</b>
	<i>Ramón Karamat Ali</i>	
<b>11</b>	<b>Bereavement Attachment Narrative Therapy (BANT): An ANT Approach to Working with Grief</b>	<b>275</b>
	<i>Jacqui Stedmon and Rudi Dallos</i>	
	<b>Index</b>	<b>305</b>