CONTENTS

Disorganised attachment and attachment beyond

	Introduction	1
	Reporting the size of effects 2	
	Chapter summaries 5	
1	Ethological-evolutionary attachment theory	9
	Four sources of attachment theory 9	
	Evolution and ethology 13	
	Attachment theory 15	
2	The normative tenets of attachment theory	25
	Separation 25	
	The development of attachment 27	
	One attachment figure or many 30	
	nendix zikev.comeents.	gA
3	Individual differences in infant attachment patterns	39
	Security and sensitivity 39	
	The strange situation 43	
	Conditional strategies 50	

X CONTENTS

4	Disorganised attachment and attachment beyond the early years Disorganised attachment 59 Alarming caregiver behaviour 63 Development and change 66	59
5	The adult attachment interview and attachment in adolescence The adult attachment interview 76 Lack of resolution 84 Adolescence 86	75
6	Experiences in close relationships: romantic attachment and religion Romantic attachment 93 Adult attachment styles 96 Attachment and religion/spirituality 101	93
7	Current concerns in attachment research Mentalisation and psychotherapy 107 Attachment and the brain 111 Attachment-based interventions 114	
8	Conclusion A balanced perspective 123 Three principles 126	123
	pendix: Key concepts dex	131 136