

# Contents

|                                                                                                                                    |           |
|------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>Introduction</b>                                                                                                                | <b>9</b>  |
| <b>1 Evolution of transport and its importance in society</b>                                                                      | <b>11</b> |
| 1.1 Importance of transport . . . . .                                                                                              | 11        |
| 1.2 Development of transport . . . . .                                                                                             | 11        |
| <b>2 Sustainable transport development</b>                                                                                         | <b>13</b> |
| 2.1 Definitions of sustainable development . . . . .                                                                               | 14        |
| 2.2 Externality . . . . .                                                                                                          | 14        |
| 2.3 Cons and pros of transport . . . . .                                                                                           | 15        |
| 2.4 Determining the appropriate mode of transport . . . . .                                                                        | 17        |
| <b>3 Transport system</b>                                                                                                          | <b>19</b> |
| <b>Part I: RAILWAY</b>                                                                                                             | <b>21</b> |
| <b>4 About rail transport in general</b>                                                                                           | <b>23</b> |
| 4.1 Reasons for the existence of rail transport . . . . .                                                                          | 23        |
| 4.2 Advantages and disadvantages of rail transport . . . . .                                                                       | 24        |
| 4.3 Important features of the track . . . . .                                                                                      | 25        |
| 4.4 Development of the railway track design . . . . .                                                                              | 25        |
| 4.5 Development of the main railway routes . . . . .                                                                               | 26        |
| 4.6 Some international agreements and regulations that define the main<br>European transport routes and their parameters . . . . . | 32        |
| <b>5 Administration, ownership and regulations</b>                                                                                 | <b>35</b> |
| 5.1 Basic division of powers and economic management . . . . .                                                                     | 35        |
| 5.2 Breakdown of legislation and standards . . . . .                                                                               | 36        |
| 5.3 Selected basic concepts . . . . .                                                                                              | 37        |
| 5.4 Stages of project documentation . . . . .                                                                                      | 41        |

|           |                                                             |           |
|-----------|-------------------------------------------------------------|-----------|
| <b>6</b>  | <b>Vehicle and track</b>                                    | <b>43</b> |
| 6.1       | Vehicle construction . . . . .                              | 43        |
| 6.2       | Vehicle movement in the track . . . . .                     | 45        |
| 6.3       | Resistances acting on a moving railway vehicle . . . . .    | 46        |
| 6.4       | Adhesion . . . . .                                          | 50        |
| <b>7</b>  | <b>Geometric parameters of the track</b>                    | <b>51</b> |
| 7.1       | Determining the position of the track in space . . . . .    | 52        |
| 7.2       | Track gauge . . . . .                                       | 53        |
| 7.3       | Track cant (superelevation) and horizontal ratios . . . . . | 54        |
| 7.4       | Grade (slope) ratios . . . . .                              | 61        |
| 7.5       | Specific requirements for the GPT design . . . . .          | 61        |
| <b>8</b>  | <b>Clearance profile</b>                                    | <b>63</b> |
| 8.1       | Clearance profile outside tunnels and bridges . . . . .     | 64        |
| 8.2       | Clearance profile in tunnels and on bridges . . . . .       | 66        |
| 8.3       | Track axis distances . . . . .                              | 67        |
| <b>9</b>  | <b>Classification of tracks and lines</b>                   | <b>69</b> |
| 9.1       | Track load . . . . .                                        | 69        |
| 9.2       | Operational load of the track . . . . .                     | 70        |
| 9.3       | Track categories according to TSI . . . . .                 | 71        |
| 9.4       | Determining the position in the track . . . . .             | 74        |
| <b>10</b> | <b>Routing of tracks</b>                                    | <b>75</b> |
| 10.1      | Finding a route . . . . .                                   | 75        |
| 10.2      | Basis for routing . . . . .                                 | 76        |
| 10.3      | Routing principles . . . . .                                | 76        |
| 10.4      | Examples of routing methods . . . . .                       | 78        |
| <b>11</b> | <b>Basic division of parts of the track structure</b>       | <b>81</b> |

|                                                                       |            |
|-----------------------------------------------------------------------|------------|
| <b>12 Railway substructure</b>                                        | <b>83</b>  |
| 12.1 Rail substructure body . . . . .                                 | 84         |
| 12.2 Formation level and track bed . . . . .                          | 87         |
| 12.3 Drainage and drainage facilities . . . . .                       | 88         |
| 12.4 Track drainage . . . . .                                         | 89         |
| <b>13 Railway superstructure</b>                                      | <b>95</b>  |
| 13.1 Track design . . . . .                                           | 97         |
| 13.2 Rails . . . . .                                                  | 100        |
| 13.3 Rail joints . . . . .                                            | 104        |
| 13.4 Rail supports . . . . .                                          | 105        |
| 13.5 Rail fastening system . . . . .                                  | 118        |
| 13.6 Track ballast . . . . .                                          | 124        |
| 13.7 Continuous welded rail . . . . .                                 | 128        |
| <b>14 Turnouts and track structures</b>                               | <b>135</b> |
| 14.1 Introduction and definitions . . . . .                           | 135        |
| 14.2 Classification of turnouts and turnout structures . . . . .      | 136        |
| 14.3 Individual types of turnouts and turnout structures . . . . .    | 138        |
| 14.4 Turnout structural layout . . . . .                              | 144        |
| <b>15 Level crossings</b>                                             | <b>163</b> |
| <b>16 Operating control points and transport points</b>               | <b>167</b> |
| <b>17 Railway stations</b>                                            | <b>169</b> |
| 17.1 Track centreline distances (track spacing) . . . . .             | 174        |
| 17.2 Gridiron . . . . .                                               | 174        |
| <b>18 Transport facilities</b>                                        | <b>179</b> |
| 18.1 Passenger and luggage transport facilities . . . . .             | 179        |
| 18.2 Equipment for loading and unloading wagon consignments . . . . . | 185        |
| 18.3 Mixed stations . . . . .                                         | 187        |

|                                                                               |            |
|-------------------------------------------------------------------------------|------------|
| <b>Part II: ROADS</b>                                                         | <b>191</b> |
| <b>19 Introduction to the Roads Part</b>                                      | <b>193</b> |
| <b>20 Legislation and project documentation</b>                               | <b>197</b> |
| 20.1 Project documentation . . . . .                                          | 199        |
| 20.2 Parties to the process and related definitions . . . . .                 | 200        |
| 20.3 Categorisation and administration of roads . . . . .                     | 202        |
| <b>21 Maintenance and structural design of road pavement</b>                  | <b>207</b> |
| 21.1 Pavement structure . . . . .                                             | 207        |
| 21.2 Road management and maintenance . . . . .                                | 209        |
| 21.3 Structural design of road pavements . . . . .                            | 211        |
| <b>22 Principles of road design</b>                                           | <b>215</b> |
| 22.1 Route, centreline, grade line . . . . .                                  | 215        |
| 22.2 Design categories and lateral layout of highways and motorways . . . . . | 217        |
| 22.3 Design elements . . . . .                                                | 219        |
| 22.4 Horizontal alignment of the road . . . . .                               | 222        |
| 22.5 Vertical design of the road . . . . .                                    | 227        |
| 22.6 Harmony of horizontal and vertical designs . . . . .                     | 229        |
| 22.7 Clearance from structures . . . . .                                      | 230        |
| <b>23 Road construction body</b>                                              | <b>231</b> |
| 23.1 Road earthwork . . . . .                                                 | 233        |
| 23.2 Securing the protection of the slopes of the road earthwork . . . . .    | 234        |
| 23.3 Protecting slope stability . . . . .                                     | 236        |
| <b>24 Road drainage system</b>                                                | <b>239</b> |
| 24.1 Drainage of structural parts of roads . . . . .                          | 240        |
| 24.2 Drainage facilities . . . . .                                            | 241        |
| 24.3 Culverts . . . . .                                                       | 242        |

|                                                                               |            |
|-------------------------------------------------------------------------------|------------|
| <b>25 Road safety devices</b>                                                 | <b>247</b> |
| 25.1 Restraint systems . . . . .                                              | 247        |
| 25.2 Guiding systems . . . . .                                                | 249        |
| <b>26 Highway intersections</b>                                               | <b>253</b> |
| 26.1 Classification of intersections . . . . .                                | 253        |
| 26.2 Intersection design principles and tools to ensure safe infrastructure . | 257        |
| 26.3 Roundabouts . . . . .                                                    | 258        |
| <b>27 Urban roads</b>                                                         | <b>261</b> |
| 27.1 Functional groups of urban roads . . . . .                               | 261        |
| 27.2 Cross sectional elements of urban roads . . . . .                        | 262        |
| 27.3 Traffic calming measures on urban roads . . . . .                        | 264        |
| <b>Part III: BRIDGES</b>                                                      | <b>269</b> |
| <b>28 What is a bridge and other basic definitions</b>                        | <b>271</b> |
| 28.1 Spatial design . . . . .                                                 | 273        |
| 28.2 Basic construction and design elements . . . . .                         | 274        |
| <b>29 Components of bridge</b>                                                | <b>279</b> |
| <b>30 Classification of bridges</b>                                           | <b>281</b> |
| <b>31 Structural calculations of wooden footbridges</b>                       | <b>297</b> |
| <b>32 Wooden footbridge design and assessment theory</b>                      | <b>301</b> |
| 32.1 Footbridge design . . . . .                                              | 304        |
| 32.2 Calculation of actions . . . . .                                         | 305        |
| 32.3 Stress calculation and assessment of the footbridge . . . . .            | 307        |
| <b>33 Briefly on the design and assessment of supports</b>                    | <b>311</b> |
| <b>34 Tables of characteristics, constants and equations</b>                  | <b>315</b> |

|                                                                                            |            |
|--------------------------------------------------------------------------------------------|------------|
| <b>35 Exercises</b>                                                                        | <b>317</b> |
| 35.1 Example 1 – Footbridge made of a plank (detailed procedure) . . . . .                 | 317        |
| 35.2 Example 2 – Footbridge made of a plank (brief procedure) . . . . .                    | 322        |
| 35.3 Example 3 – Footbridge made of squared logs and boards (detailed procedure) . . . . . | 326        |
| 35.4 Example 4 – Footbridge made of squared logs and boards (brief procedure) . . . . .    | 340        |
| <b>36 Exercises as solved problems</b>                                                     | <b>347</b> |
| <b>37 More exercises to practise</b>                                                       | <b>353</b> |
| <b>Solved exercises results</b>                                                            | <b>365</b> |
| <b>References</b>                                                                          | <b>369</b> |
| <b>List of abbreviations</b>                                                               | <b>375</b> |
| <b>List of Figures</b>                                                                     | <b>379</b> |
| <b>List of Tables</b>                                                                      | <b>387</b> |