

# Contents

<i>About the Editors</i>	xiii
<i>List of Contributors</i>	xv
<i>Preface</i>	xxi

## PART 1

### Foundations 1

- 1 The Adult Attachment Projective Picture System:  
Assessing attachment in adults and adolescents 3  
CAROL GEORGE
- 2 Implications of the AAP for psychotherapy  
processes and outcomes 21  
STEFFANI KIZZIAR, KATIE KIVISTO, AND MICHAEL POULAKIS
- 3 Clinical and neurobiological applications of the AAP in  
adults and adolescents: Therapeutic implications 33  
ANNA BUCHHEIM AND MANUELA GANDER

## PART 2

### Incomplete pathological mourning 45

- 4 Attachment trauma and incomplete pathological mourning 47  
CAROL GEORGE
- 5 Failed Mourning: The sounds of silence 57  
MELISSA LEHMANN



x *Contents*

- 6 **Opening the attachment trauma floodgates:  
Preoccupation with Personal Suffering** 71  
CAROLINE LEE AND CAROL GEORGE

- 7 **Pain, misery, and suffering: Unresolved attachment as a  
predictor of treatment outcome in male combat-related  
Post-Traumatic Stress Disorder** 82  
DEANE E. AIKINS AND JULIE WARGO AIKINS

**PART 3**

**Adult psychotherapy and assessment** 95

- 8 **From Unresolved to earned Secure attachment: The AAP  
as a powerful clinical tool in psychotherapy** 97  
STEPHEN E. FINN

- 9 **Embodying attachment: Language and somatic revelations** 110  
TALIA B. SHAFIR

- 10 **Using the Adult Attachment Projective Picture System  
in a transdiagnostic approach during psychoanalytic  
treatment: Therapy and neurophysiological outcomes** 123  
ANNA BUCHHEIM

- 11 **Confusion, fear, and loss: Clinical applications of the  
AAP with people with intellectual disabilities** 135  
DEANNA GALLICHAN, NANCY POULTER, ALEX CLARK,  
AND KATE STONEMAN

**PART 4**

**Adolescents and parents** 151

- 12 **Does therapy matter for adolescents in the foster  
care system?** 153  
LINDA WEBSTER, DAVID JOUBERT, AND ASHLEY PETERSEN

- 13 **Using the Adult Attachment Projective Picture System in  
pediatric health psychology: Parental gatekeeping and  
attachment trauma in an adolescent and his donor father** 166  
MARIE LEBLOND, MARIE-JULIE BÉLIVEAU, AND  
MARIE ACHILLE



- 14 Dismissive and blind to attachment distress:  
The AAP unravels a diagnostic puzzle** 179  
REX COLLINS
- 15 The role of the Adult Attachment Projective Picture  
System in treating childhood obesity** 191  
CLAUDIA MAZZESCHI, ELISA DELVECCHIO, LIVIA  
BURATTA, DANIELA DI RISO, SILVIA SALCUNI, AND  
ADRIANA LIS
- 16 Attachment-informed assessment of adolescent  
conduct disorder: A case study** 204  
DAVID JOUBERT
- Index** 219