

What is communication?

Communication is all about how we understand each other through our words and body language. You might think this happens naturally, and in a certain sense it does, but the ability to

understand each other always depends on our abilities and skills. That's why it's good to think about how we communicate and try to improve our abilities. So let's get started!



In what ways do we communicate with others?



Speech
6

Posture
14

Gestures
16

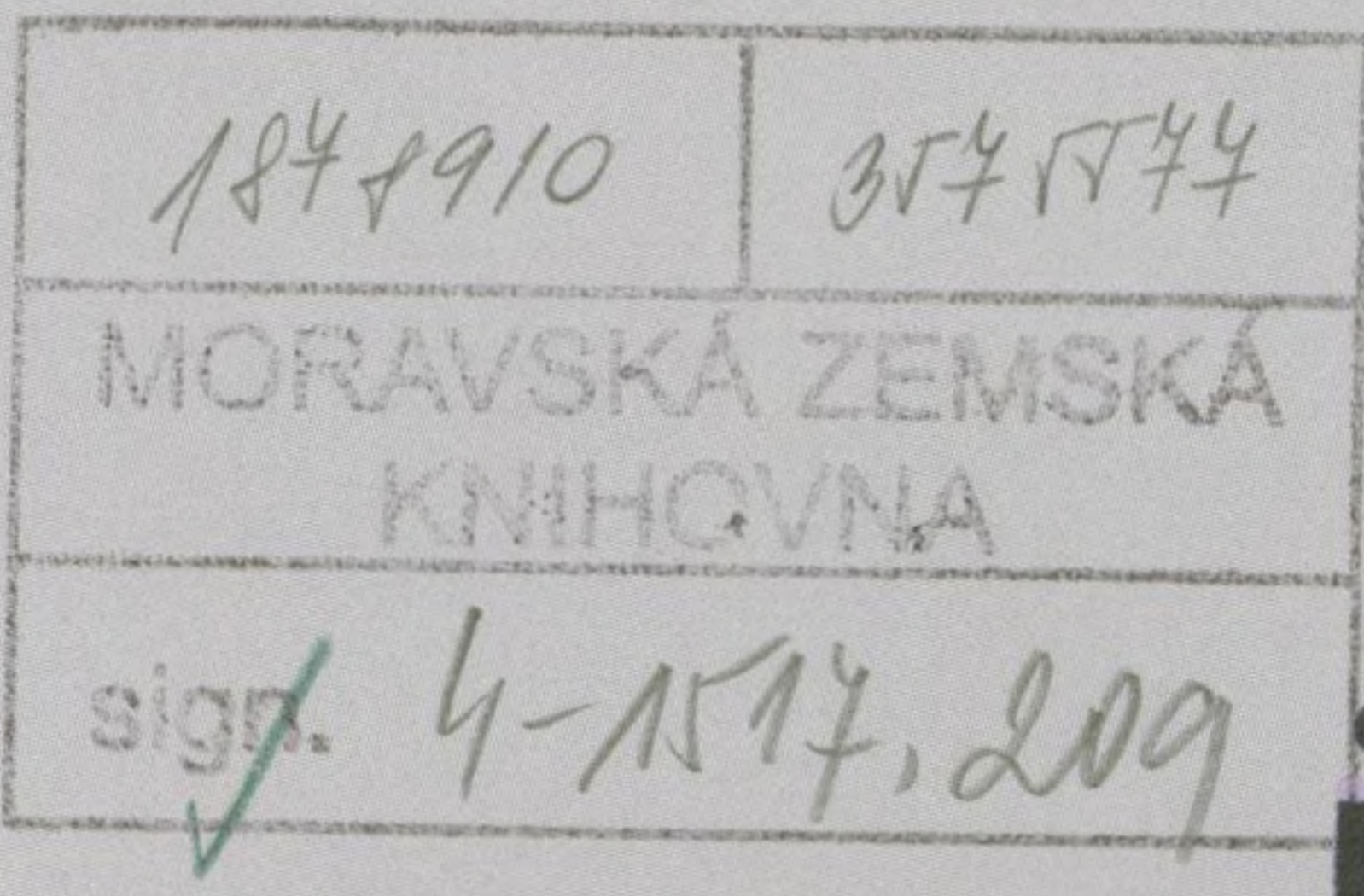
Facial expressions
20

Touch
24

We humans have also developed ways to trade messages over long distances and pass information to future generations. What are they?

Symbols and signaling
28

Writing
30



There are also a few things that we need to consider when we're in contact with others, so that we can communicate well and understand each other better.

Staying safe when communicating

40

Useful things to know

42

Communication tips

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Communicating is important in all parts of our lives. Bad communicating can lead to bad things happening. But communicating well spreads hope and saves lives – and this will always be true. So, let's start by learning about some episodes in history when communication ended well and not so well.

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Nowadays, we can also communicate with the aid of many new technologies.



Mass communication

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The Internet

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The telephone

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