

Contents

<i>Credits List</i>	xi
<i>List of Contributors</i>	xiii
Introduction	1
TOM WOOLDRIDGE	
1 Psychotherapy Action Network: Seeing beyond the crossroads	8
NANCY BURKE, LINDA L. MICHAELS AND JANICE R. MUHR	
SECTION I	
The social, political, and economic context	17
2 CBF: Cognitive behavioral fallacies	19
FARHAD DALAL	
3 The cost-effectiveness of psychodynamic therapy: The obstacles, the law, and a landmark lawsuit	38
SUSAN G. LAZAR	
4 In name only? Mental health parity or illusory reform	57
MEIRAM BENDAT	
5 The exclusion of psychoanalysis in academic and organized U.S. psychology: On voodooism, witch-hunts, and the legion of followers	78
OKSANA YAKUSHKO	
6 The psycho-politics of evidence-based practice and the assault on our mental health and mental health care	100
ALLAN SCHOLOM	

SECTION II

Therapies of depth, insight, and relationship 119

- 7 Relational healing in psychotherapy: Reaching beyond the research 121
ENRICO GNAULATI

- 8 Two perspectives of mental distress 135
JOHN THOR CORNELIUS

- 9 Diagnosis and its discontents: Reflections on our current dilemma 162
NANCY MCWILLIAMS

- 10 Toward a science of the heart: Romanticism and the
revival of psychology 182
KIRK SCHNEIDER

SECTION III

Implications and future actions 209

- 11 Going beneath the surface: What people want from therapy 211
SANTIAGO DELBOY AND LINDA L. MICHAELS

- 12 Mirror and window: What each reveals 240
TODD ESSIG

- 13 Psychoanalytic applications in a diverse society 254
PRATYUSHA TUMMALA-NARRA

- 14 The rights of children 274
ERIKA SCHMIDT

- 15 Long-term treatment in the rearview mirror 290
WILLIAM S. MEYER

- Stepping toward the future: PsiAN's vision 298
LINDA L. MICHAELS, JANICE R. MUHR AND NANCY BURKE

- Index* 303