

Contents

Preface xi

Acknowledgments xv

1. Dreaming Justice and the Beloved Community in the Twenty-First Century 1
2. The Empowerment Approach: A Conceptual Framework 30
3. Empowerment Method: The How-To 56
4. Establishing Multifocal Vision: The History of Oppression 94
5. Establishing Multifocal Vision: The Ecological Perspective and Coping 139
6. Multifocal Vision: Developing Ethclass, Feminist, Cultural, Global, and Critical Perspectives—One Clear Lens, Many Foci 162
7. Making Beginnings in Individual and Family Empowerment: Processes and Practice Skills 186
8. Assessment for Empowerment: Content and Process 206

9. Working on Problems Together: The Empowerment of Individuals and Families 229
10. Empowering Special Populations 259
11. The Empowerment Group Approach 290
12. Empowerment Groups: Working Together
Toward Empowerment 321
13. Community and Political Empowerment Practice 351
14. *Empowerment in Global Perspective:
Social and Economic Justice for All* 396

References 433

Some Suggested Web Resources 471

Name Index 473

Subject Index 485