

CONTENTS

| LESSON | GRAMMAR/ FUNCTION | VOCABULARY | PRONUNCIATION | READING |
|--|--|--|---|--|
| LEAD-IN p6 | | | | |
| 1 connections B B C VLOGS Which people, places or things are important to you and why? | | | | |
| 1A New friends p8 | Describing past and present habits | Relationships; phrasal verbs: friendships | Contractions: 'll and 'd FUTURE SKILLS Self-management | |
| 1B Places p11 | Reduced relative clauses | Transforming places; urban spaces | The /r/ sounds in different accents | Read an article about the effect the physical environment can have on us |
| 1C Things we love p14 | How to ... talk about hypothetical preferences | Idiomatic phrases: hobbies and interests | Connected speech: final /r/ sound | |
| 1D Comfort food p16 | | The taste and appeal of food | | |
| UNIT 1 REVIEW p18 | | | | |
| 2 competition B B C VLOGS In what ways are you competitive? | | | | |
| 2A Getting away with it p20 | Cleft sentences | Idioms: winning and losing | Emphasis in cleft sentences | |
| 2B Friend or foe? p23 | Ellipsis and substitution | Industry competition | Phrasal stress | Read an article about industry 'coopetition' |
| 2C In the workplace p26 | How to ... compare and evaluate ideas | Business; work benefits | Intonation when comparing | |
| 2D Challenge p28 | | Competing | | |
| UNIT 2 REVIEW p30 | | | | |
| 3 inspiration B B C VLOGS How do you express creativity in your life? | | | | |
| 3A Fanfiction p32 | <i>As if/as though</i> | Opinions and reactions | As in connected speech | Read extracts from fanfiction |
| 3B Street chatter p35 | <i>No matter</i> | Idiomatic phrases: emotions FUTURE SKILLS Self-management | /t/ sounds in the middle of words | |
| 3C Carrot or stick? p38 | How to ... engage with other people's views | Persuading and motivating | Intonation: responding tactfully | |
| 3D Role models p40 | | Describing inspiring people | | |
| UNIT 3 REVIEW p42 | | | | |
| 4 image B B C VLOGS How important is image to you? | | | | |
| 4A 'Selfie-expression' p44 | Uses of <i>should</i> | Rules; photography | <i>Should</i> in connected speech | Read a guide to taking legal, social and ethical photos |
| 4B Creating a brand p47 | The continuous aspect | Advertising | Contractions: 've been, 'll've been | |
| 4C Presenting yourself p50 | How to ... steer a conversation towards a topic | Skills, abilities and experience | Intonation: sounding professional | |
| 4D Branding and behaviour p52 | | Marketing | | |
| UNIT 4 REVIEW p54 | | | | |

| | LISTENING/VIDEO | SPEAKING | WRITING |
|--|---|--|--|
| | | | |
| | Listen to a podcast about a friendship app | Describe a friendship | |
| | | Talk about a work or study environment | Write a proposal about transforming a city space |
| | | Ask and answer survey questions FUTURE SKILLS Collaboration MEDIATION SKILLS simplify a source text | |
| | B B C Street Interviews about comfort food | Have a discussion about comfort food | Write a social media post |
| | | | |
| | Listen to two friends talking about cheating | Discuss cheating FUTURE SKILLS Leadership | |
| | | Share ideas about business partnerships | Write an article about rivalry |
| | | Present ideas about productivity incentives MEDIATION SKILLS evaluate problems, challenges and proposals | |
| | B B C Programme <i>Gassed Up</i> | Have a debate about the pros and cons of competition | Write a reflection |
| | | | |
| | | Describe alternative scenes FUTURE SKILLS Communication | Write a review: fiction |
| | Listen to a spoken-word poem | Talk about situations and emotions | |
| | | Discuss methods of persuasion FUTURE SKILLS Communication MEDIATION SKILLS encourage others to elaborate | |
| | B B C Street Interviews about inspiring people | Describe an inspiring person | Write a biography |
| | | | |
| | | Present a proposal FUTURE SKILLS Self-management | |
| | Listen to a talk about place branding | Present a rebranding campaign FUTURE SKILLS Communication | Write a report: creating a rebranding campaign |
| | | Roleplay a job interview FUTURE SKILLS Interviewing MEDIATION SKILLS relay information in a professional journal | |
| | B B C BBC Programme <i>The Truth About ... looking good</i> | Make a presentation about a new product | Write a product blurb |

CONTENTS

| LESSON | GRAMMAR/ FUNCTION | VOCABULARY | PRONUNCIATION | READING | |
|---|--|--|---|--|--|
| 5 change B B C VLOGS What changes have there been in your life recently? | | | | | |
| 5A Life-changing decisions p56 | Mixed conditionals | Decision and indecision | 'd and 'd have | Read an article about a life-changing decision | |
| 5B Conservational change p59 | The perfect aspect | The natural world | Word stress | Read an article about | |
| 5C Effecting change p62 | How to ... summarise | Social and environmental issues | Intonation when summarising | the effect the physical environment can have on us | |
| 5D Habits p64 | | Habits | | | |
| UNIT 5 REVIEW p66 | | | | | |
| 6 oops! B B C VLOGS Tell me about a recent mistake you made and how you felt about it. | | | | | |
| 6A Algorithm p68 | Inversion | Algorithms | Sentence stress: inversion | Read an article about algorithms | |
| 6B Online blunders p71 | Passive structures | Talking about mistakes; phrases with right and wrong | Intonation to show attitude | about cheating | |
| 6C In dispute p74 | How to ... negotiate in a dispute | Buildings and homes | Sounding assertive | Read an article about industry 'coopetition' | |
| 6D Tech fail p76 | | Technology | | | |
| UNIT 6 REVIEW p78 | | | | | |
| 7 trends B B C VLOGS Tell me about a recent trend in your country. | | | | | |
| 7A The word on the street p80 | Adverbials | Explaining meaning | Pausing: adverbials | Read extracts from | |
| 7B Food fads p83 | Fronting: reasons, causes and explanations | Trends; food and drink | Consonant-to-vowel linking with fronting | Read texts about the globalisation of food | |
| 7C Pre-loved p86 | How to ... exaggerate | Shopping; describing clothes | Sentence stress: exaggeration | | |
| 7D Past and present p88 | | Memories | | | |
| UNIT 7 REVIEW p90 | | | | | |
| 8 the future B B C VLOGS Do you generally feel optimistic or pessimistic about the future? | | | | | |
| 8A Dystopias and utopias p92 | Concession | Dystopian and utopian societies | Pausing when conceding a point | Read an extract from a forthcoming book | |
| 8B The science we need p95 | Future forms | Science and technology | Contractions and weak forms: the future perfect | Listen to a talk about branding | |
| 8C Spend or save? p98 | How to ... maintain and end a discussion | Money | Intonation: ending a discussion | | |
| 8D Science fiction p100 | | Machines | | | |
| UNIT 8 REVIEW p102 | | | | | |
| WRITING BANK p104 GRAMMAR BANK p110 VOCABULARY BANK p134 COMMUNICATION BANK p141 | | | | | |

| LISTENING/VIDEO | SPEAKING | WRITING |
|--|---|-------------------------------------|
| | Talk about a life-changing decision | Write an informal message |
| Listen to a radio programme about conservation | Discuss solutions to a conservation problem FUTURE SKILLS Teamwork | |
| | Present a campaign to raise awareness FUTURE SKILLS Collaboration MEDIATION SKILLS simplify a complicated argument | |
| B B C Street Interviews about routines | Have a discussion about the pros and cons of routines | Write a blog post |
| | Have a debate about algorithms FUTURE SKILLS Communication | |
| Listen to two colleagues discussing a mistake | Talk about a mistake | Write an email of complaint |
| | Roleplay a dispute between a landlord and a tenant MEDIATION SKILLS accurately report the outcomes of a meeting | |
| B B C Programme W1A | Discuss solutions to a problem with technology | Write a set of instructions |
| Listen to part of a talk about how words become more or less popular over time | Present a new English word | Write a comment on a blog post |
| | Discuss food trends | |
| | Persuading someone to buy vintage items FUTURE SKILLS Leadership MEDIATION SKILLS compare, contrast and synthesise information in texts | |
| B B C Street Interviews about nostalgia and memories | Have a discussion about attitudes to the past and present | Write a blog post |
| | Have a debate about technology and a dystopian world FUTURE SKILLS Self-management | |
| Listen to a radio discussion about inventions that could change the world | Present predictions about future technologies or inventions FUTURE SKILLS Critical thinking | Write an opinion essay |
| | Discuss ideas about giving money to charity MEDIATION SKILLS contribute to collaborative decision-making | |
| B B C BBC Programme Doctor Who | Present a summary of a science-fiction film or series | Write a continuation of a narrative |