

Why Should We Act Together for the Climate?	2
SIX KEY SKILLS TO HELP SAVE PLANET EARTH	5
Chapter 1: 4 Steps to Get Active	10
The Roots & Shoots Approach	11
The 4 Steps at a Glance:	12
Chapter 2: Activities and Tools	30
Community Mapping	31
Select a Method for Decision-Making	35
My Personal Intention	36
The Dyad	38
Recognize Your Feelings	38
Chapter 3: Climate Change What It's All About?	40
12 Climate Change Facts Everyone Should Know	41
Causes and Consequences - Everything Is Interconnected!	44
Causes and Consequences Right on Our Doorstep	46
Adaptation, Mitigation, Action!	51
What Do We Want? TRANSFORMATION! When Do We Want It? NOW!	54
Dig Deeper and Get Inspired Elsewhere	60
About us	63