

CONTENTS

List of Figures	vii
List of Tables	x
List of Contributors	xi
1 Object-based learning and object-based well-being: An introduction <i>Helen J. Chatterjee and Thomas Kador</i>	1
2 Pedagogic Prescription: Art and design teaching practice and object-led well-being <i>Judy Willcocks</i>	9
3 Challenging the self in the museum: Examining the development of professional identity and professional well- being for clinical students <i>Kwang Meng Cham, Rosalind McDougall and Heather Gaunt</i>	28
4 Inclusive memory: How to promote social inclusion, well- being and critical thinking skills within a museum context <i>Antonella Poce, Maria Rosaria Re and Fulvia Strano</i>	43
5 Indigenous art in higher education: ‘Palpable history’ as a decolonising strategy for enhancing reconciliation and well-being <i>Catherine Kevin and Fiona Salmon</i>	60

6 The Sq'ewlets Youth Origins Experience: Providing tangible and intangible experiences of ancestral places and belongings in supporting wellness among Indigenous youth and community	79
<i>David M. Schaepe, Natasha Lyons, Adrienne S. Chan, Andy Phillips and Kate Hennessy</i>	
7 The role of museums, collections, and objects in supporting higher education student mental well-being and quality of learning	105
<i>Thomas Kador, Helen J. Chatterjee and Linda Thomson</i>	
8 Art Psychotherapy contemporary practice and training: Objects and materiality	124
<i>Helen Jury</i>	
9 The happy teacher: A critical examination of the joys of object-based learning and teaching in higher education	140
<i>Cecilia Rodéhn</i>	
10 Experiential and object-based learning in nature	157
<i>Ross Laird</i>	
11 Getting to grips with difficult histories in medical museums	173
<i>Manon S. Parry</i>	
12 Preserved Heritage: Stories and objects for mental health patients	183
<i>Bart De Nil and Pascal Janssens</i>	
13 Embedding museum objects in patient care: Object-based learning training for mental health professionals	197
<i>Julia Cort</i>	
<i>Index</i>	215