

CONTENTS

INTRODUCTION.....	4
1 SOCIAL UNDERPINNINGS OF ONLINE RISKY BEHAVIOUR IN GENERATION Z..	7
2 METHODOLOGICAL BACKGROUND	20
3 DIGITAL SKILLS OF GENERATION Z.....	30
3.1 Generation Z – university students	34
3.2 The technological maturity of Generation Z	37
3.3 Digital divide between Generation Z and X and Baby Boomers	40
3.4 Digital competencies of Generation Z - research findings	42
4 SELECTED THREATS TO YOUTH IN VIRTUAL SPACE	53
4.1 Excessive Internet use in theoretical reflection and its prevalence	53
4.1.1 Concepts of Internet addiction and excessive Internet use	57
4.1.2 Risk subsystems of the Internet in terms of their excessive use and emergence of addiction.....	58
4.1.3 Risk factors influencing excessive Internet use	61
4.2. Risks associated with the use of social networks	64
4.2.1 FOMO phenomenon	77
4.2.2 Pupils' engagement on selected social media and socio-emotional well-being	85
4.3 Cyberbullying	91
4.3.1 Forms of cyberbullying.....	95
4.3.2 Risk factors influencing cyberbullying and its actors.....	99
4.3.3 Prevalence of cyberbullying in international and national research	103
4.4 Sexting	110
4.4.1 Typology of sexting and its actors	112
4.4.2 Prevalence of sexting in international and national research.....	114
5 PREVENTION OF ONLINE RISKY BEHAVIOUR	116
5.1 Preventing online risky behaviour in schools.....	120
5.1.1 Media education and prevention of online risky behaviour.....	122
5.1.2 Actors in the prevention of online risky behaviour in the school environment.....	126
5.2 Prevention of online risky behaviour in the family	131
5.3 Prevention projects and programmes aimed at online risky behaviour.....	143
6 ANALYSIS OF RESEARCH RESULTS, DISCUSSION AND CONCLUSIONS.....	159
BIBLIOGRAPHY	169
MATERIAL REGISTER	195