Contents

cknowledgments	
Introduction	3
1. What Is Positive Regard, and Why Is It Important?	13
2. Positive Regard and Treatment Outcome	39
3. Reconceptualizing Positive Regard: Let Me Count the Ways	57
4. PR-Like Concepts Outside the Person-Centered Community	81
5. Positive Regard Outside Psychotherapy: Another Rogers, Personal Relationships, and Social Media	103
6. Positive Regard: Clients' Perspectives	125
7. Positive Regard: Therapists' Perspectives	155
8. Clinical Examples of Positive Regard in Four Different Therapies	179
9. Positive Regard and Psychotherapy: Controversies, Criticisms, and Conclusions	203
References	225
Index	243
About the Authors	259