

Contents

Part I Introduction to the Study of Motivation in Relationships

- 1 **On the Mutuality of Human Motivation and Relationships** 3
Netta Weinstein and Cody R. DeHaan
- 2 **The Universality of Psychological Autonomy Across Cultures:
Arguments from Developmental and Social Psychology** 27
Valery Chirkov
- 3 **Autonomy and Need Satisfaction in Close Relationships:
Relationships Motivation Theory** 53
Edward L. Deci and Richard M. Ryan

Part II Mechanisms and Outcomes of Motivation: The 'Dark Side' and 'Bright Side' of Relationships

- 4 **Is Relatedness Enough? On the Importance of Need Support
in Different Types of Social Experiences** 77
Christopher P. Niemiec, Bart Soenens, and Maarten Vansteenkiste
- 5 **On the Flexibility of the Automatic Us-Them Divide** 97
Jen-Ho Chang, Holley S. Hodgins, Yi-Cheng Lin, and Chin-Lan Huang
- 6 **The Self-Concept in Relationships** 121
Martin F. Lynch
- 7 **Self-Determination and Regulation of Conflict
in Romantic Relationships** 139
C. Raymond Knee, Ben Porter, and Lindsey M. Rodriguez

- 8 The Role of Autonomy in Intergroup Processes:
Toward an Integration of Self-Determination
Theory and Intergroup Approaches..... 159**
Lisa Legault and Catherine E. Amiot
- 9 Autonomy Support as Acceptance for Disclosing
and Developing a Healthy Lesbian, Gay,
Bisexual or Transgendered Identity 191**
Nicole Legate and William S. Ryan

Part III Applications of Motivation Research

- 10 Parental Conditional Regard: Psychological Costs
and Antecedents 215**
Avi Assor, Yaniv Kanat-Maymon, and Guy Roth
- 11 Relationships Within Physical Activity Settings 239**
Martyn Standage and Lydia G. Emm
- 12 The Importance of Need-Supportive Relationships
for Motivation and Psychological Health at Work..... 263**
Véronique Dagenais-Desmarais, Jacques Forest, Sarah Girouard,
and Laurence Crevier-Braud
- 13 The Influence of the Social Environment on Health Behavior 299**
Jennifer G. La Guardia and Heather Patrick
- 14 Motivation in the Client-Counselor Relationship 317**
Martin F. Lynch
- 15 Self-Determination and the Patient-Health
Practitioner Relationship 335**
Geoffrey C. Williams