Foreword ix Thomas R. Insel, MD

Acknowledgments xv

Introduction xvii

Patients, Clients, or Subjects? A Note on Terminology xli

- 1 Psychotherapy in America 1
- 2 A Conceptual Framework for Psychotherapy 27
- 3 Psychotherapy, the Transformation of Meanings 69
- 4 Religious Revivalism and Cults 99
- 5 Religio-Magical Healing 118
- 6 Mind and Body in Psychotherapy 151
- 7 The Placebo Response and the Role of Hope and Expectations in Medical and Psychological Treatment 179
- 8 The Psychotherapist and the Patient 207
- 9 Evocative Individual Psychotherapies 240
- 10 Directive Individual Psychotherapies 276
- 11 Group and Family Psychotherapies 310
- 12 Psychotherapy in Controlled Environments 346

References 377 Index 423