

CONTENTS

Part One

The Five Dynasties, Northern and Southern Song, Liao, Western Xia, and Jin Dynasties

Overview	3
Section 1	
Change of Cultural Environment	4
Section 2	
The Prosperity of Urban Cultural Life	5
Section 3	
The Flourishing Artistic Life of the Literati	9
Section 4	
The Transformation of the Arts	12
Section 5	
The Realm of Aesthetics	18
Section 6	
Aesthetic Features	24
Chapter I	
The Brilliance of the Performing Arts	31
Section 1	
The Magnificence of Court Banquet Entertainment	31
Section 2	
The Rise of Marketplace Arts	35
1. Emergence of the Pleasure Precincts and Their Theaters in the Capital	36

2. The Subsequent Rise of Pleasure Precincts and Their Theaters in Lin'an	39
3. The Establishment of Performance and Creative Organizations	42
Section 3	
The Performing Arts of Different Ethnic Groups and Their Exchanges	44
1. The Performing Arts of the Liao Dynasty	44
2. The Performing Arts of the Western Xia	45
3. The Performing Arts of the Jin Dynasty	46
Chapter II	
The Flourishing of Folk Dance	48
Section 1	
Overview	48
Section 2	
Dance of Urban and Rural Dance Troupes	51
1. Names of the Urban and Rural Dance Troupes	51
2. Repertoires of Song Dynasty Dance Troupes	52
Section 3	
Ritual Dance and Dance for Entertainment	57
1. Ritual Music and Dance	57
2. Music and Dance for Entertainment	58
Section 4	
The Independent Development of Ethnic Dance in the South	62
1. Folk Song and Dance of the Yao, Miao and Other Ethnicities	62
2. Zhuang Folk Dances	66
3. Li Folk Dances	67
Chapter III	
A Historic Turning Point for Court Dance	69
Section 1	
Song Court Dance	69
1. Court Banquet Music, Dance Performances and the Grand Suite	69
2. Examples of Grand Suite Performances	72
3. Other Court Banquet Music and Dance Performances	76
4. Court <i>Yayue</i> Dances	78

Section 2	
Court Team Dance and Aristocratic Banquets	79
1. Court Team Dances	79
2. Small-scale Team Dances in Aristocratic Households	82
Section 3	
The Diverse Development of Liao, Western Xia and Jin Dance	83
1. Dance in the Liao Dynasty	83
2. Dance of the Western Xia	85
3. Dance in the Jin Dynasty	86
 Chapter IV	
The Brilliant Art of Storytelling	89
Section 1	
<i>Shuohua</i> , the Most Compelling Form of the Storytelling Art	89
Section 2	
<i>Xiaoshuo</i> , the Most Popular Subgenre of <i>Shuohua</i>	93
Section 3	
<i>Jiangshi</i> , Rival to <i>Xiaoshuo</i>	97
Section 4	
The Remnants of <i>Sujiang</i>	100
1. <i>Shuojing</i> , Telling Scriptures	100
2. <i>Shuo Canqing</i> , Telling about Meditation	101
3. <i>Shuo Hunjing</i> , Telling Comic Sutras	102
Section 5	
The Byproducts of Storytelling	102
1. <i>Hesheng</i> , Performing Instant Poems	102
2. <i>Shangmi</i> , Discussing Riddles	103
3. <i>Shuo hunhua</i> , Telling Jokes	103

Chapter V	
The Development and Prosperity of the Art of Singing-Storytelling in Urban Life	105
Section 1	
The Traditional Artistry of Singing	105
1. <i>Xiaochang</i> : Singing Small Excerpts from Grand Suites	105
2. <i>Piaochang</i> : Expressive Singing from the Street	107
3. Singing of Popular Short Songs and Lyrics	108
Section 2	
<i>Changzhuan</i> , Popular Songs of the Entertainment Quarters	109
Section 3	
Artistry Derived from Vendors' Cries	111
1. Hawking	111
2. The Singing Peddler	112
Section 4	
<i>Zhugongdiao</i> Ballads in All Keys and Modes	113
Section 5	
<i>Liu Zhiyuan</i> and <i>Romance of the Western Chamber</i>	117
1. <i>Liu Zhiyuan Zhugongdiao</i>	118
2. <i>Romance of the Western Chamber Zhugongdiao</i>	118
Section 6	
<i>Guzici</i> , the Drum-Song of the Literati	120
Chapter VI	
Opera Takes Center Stage	122
Section 1	
Transformations of <i>Zaju</i>	122
1. <i>Youxi</i> of the Five Dynasties	122
2. <i>Zaju</i> of the Northern Song	124
3. <i>Zaju</i> of the Southern Song	126
4. <i>Zaju</i> of the Liao and Jin	130

Section 2

The Preliminary Integration of <i>Zaju</i> Performing Techniques	131
1. System of Structure	131
2. Role System	132
3. Music System	133
4. The Performance System	134
5. Aesthetic Pursuits	135

Chapter VII

The Formation of Southern Opera, an Integrated and Mature Stage Art	139
--	-----

Section 1

Systems of Southern Opera	139
1. The Performance System	139
2. Role System	144
3. Music System	148

Section 2

Initial Formation of the Artistic Characteristics of Chinese Opera	150
--	-----

Chapter VIII

Great Explorations in Music	155
-----------------------------	-----

Section 1

Urban Music	155
1. Music Activities in the City	155
2. Folk Songs and Folk Music	158

Section 2

Court Music	163
1. <i>Yayue</i>	163
2. <i>Yanyue</i>	170
3. Drum and Pipe Music	172
4. The Grand Suite	174

Section 3

Song Lyrics and Literati Music	175
1. Basis for the Development of Song Lyrics	176
2. Musical Forms of Song Lyrics	177
3. Writers and Works of Song Lyrics	179

Chapter IX	
The Development of Music of Different Nationalities	183
Section 1	
Music of the Liao Dynasty	183
1. Folk Music	183
2. Court Music	187
Section 2	
Music of the Western Xia	191
1. Folk Music	192
2. Court Music	195
Section 3	
Music of the Jin	198
1. Folk Music	198
2. Court Music	199
Chapter X	
The Influence of Contemporary Culture on the Fine Arts	201
Section 1	
The Divide between Ancient and Modern	201
Section 2	
Poems and Paintings	203
Section 3	
The Rise of Literati Painting	205
Section 4	
The Establishment of the Royal Academy and the Academic Style of Painting	206
Section 5	
Trends and Achievements in the Various Disciplines of Fine Arts	207

Chapter XI	
Landscape Painting at its Peak	209
Section 1	
Overview	209
1. »Observe the Object and Take its Truth«	209
2. Ink Styles	211
3. The North-South Divide and a Diversity of Styles	212
4. Maturation of the Texturing Method and »Academic« Landscape Painting	214
Section 2	
Northern and Southern Landscape Painting in the Five Dynasties	216
1. The Northern Painting School and Jing Hao and Guan Tong	216
2. The Southern Painting School and Dong Yuan and Ju Ran	219
Section 3	
Landscape Painting in the Northern Song Dynasty	223
1. Northern Landscape Painting Represented by Li Cheng, Fan Kuan, and Guo Xi	223
2. The Group of Noble Painters and Academic Paintings of Blue and Green Landscapes after the Middle Northern Song	228
3. Other Northern Song Landscape Painters	230
Section 4	
The Four Masters of the Southern Song	233
1. Li Tang, Pioneer in the Wind	233
2. Liu Songnian	236
3. The Corner Compositions of Ma Yuan and Xia Gui	238
Section 5	
Other Landscape Paintings in the Southern Song, Liao, and Jin Dynasties	242
1. »The Two Zhaos« and Their Blue and Green Landscapes	242
2. Landscape Paintings with Abbreviated Brush and Splashed Ink	244
3. Masters Who Migrated from the North to the South and the Group of Painters in the Qiantang Area	245
4. Landscape Paintings in the Liao and Jin	247

Chapter XII

New Developments in Bird-and-Flower Painting
and Figure Painting

250

Section 1

The Formation of the Bird-and-Flower Painting Genre: The Differing
Styles of Xu and Huang

250

1. »The Luxuriance of the Huang School«

250

2. The Tranquility of Xu Xi

253

Section 2

The New Style of Flower-and-Bird Painting in the Middle and Late
Northern Song Dynasty

254

1. »Sketcher Zhao Chang«

254

2. Cui Bai and the New Style of Flower-and-Bird Painting at the
Academy

256

3. Flower and Bird Painting of Emperor Huizong
and the Xuanhe Style

259

Section 3

Exquisite Academic-Style Flower-and-Bird Paintings of the
Southern Song

261

1. Academic-style Flower-and-Bird Paintings in the Early
Southern Song Dynasty

262

2. Academic-Style Flower-and-Bird Paintings in the Late
Southern Song Dynasty

263

Section 4

The Great Achievements of Court Figure Painting in the
Southern Tang

266

1. Gu Hongzhong and *The Night Revels of Han Xizai*

267

2. Paintings of Court Figures by Zhou Wenju and Wang Qihan

268

3. Wei Xian and Other Painters of Court Figures and Their Works

270

Section 5

The Flourishing of Genre Painting and History Painting

271

1. Zhang Zeduan's *Along the River During the Qingming Festival*

271

2. Other Genre Paintings and History Paintings of the Northern
Song

274

3. Genre Painting of the Southern Song

275

4. History Painting of the Southern Song

278

5. Activities of the Painting Academies of the Liao,
Western Xia, Jin, and Dali, Paintings of Horses and Figures,
and History Paintings

281

Section 6

Buddhist and Daoist Paintings and Mural Figures	283
1. Buddhist and Daoist Paintings of the Shu Kingdom and the Northern Song Dynasty	283
2. Zen Painting of the Southern Song Dynasty	286
3. Mural Figures	289

Chapter XIII

Literati Painting and Calligraphy in the Age of <i>Shangyi</i>	294
--	-----

Section 1

The Rise of Literati Painting	294
1. The Ideas and Theories of Literati Painting: Sources	294
2. Wen Tong and the Huzhou Bamboo School	297
3. Su Shi and His »Withered Tree and Strange Rock«	298
4. »Cloudy Mountains of the Mi Clan«	299
5. Li Gonglin and His Line Drawings of Horses and Figures	303
6. The Achievements of Other Literati Painters	305

Section 2

Changes in Calligraphic Practice and the Characteristics of the Times	308
1. Changes in Calligraphic Style	309
2. Characteristics of the Era	310
3. Yang Ningshi, Fulcrum of the Study of Calligraphy	311

Section 3

»The Four Song Masters« in Calligraphy	313
1. Cai Xiang, »First of His Time«	313
2. Su Shi, Founder of the <i>Shangyi</i> Style	315
3. Huang Tingjian, a Milestone in the Evolution of Cursive Script	318
4. Mi Fu, the Pinnacle of <i>Shangyi</i> Calligraphy	321

Section 4

Other Song Calligraphers and Liao and Jin Dynasty Calligraphy Circles	324
1. Zhao Ji's »Skinny Golden Style«	325
2. Other Calligraphers in the Five Dynasties and Northern Song	325
3. The Calligraphic World of the Southern Song	328
4. Calligraphy Circles of the Jin Dynasty	331

Section 5	
Song Dynasty Engravings	332
1. The Flourishing and Influence of Calligraphy Engravings	332
2. Noteable Extant Engravings	334

Chapter XIV

Printmaking, Sculpture, and the Architectural Arts 337

Section 1	
The First Boom of Printmaking	337
1. Prints of the Five Dynasties and Ten Kingdoms	337
2. Religious Prints of the Song Dynasty	338
3. Book Illustrations and Folk Prints of the Song Dynasty	341
4. Prints from Liao, Western Xia, and Jin	344
Section 2	
Sculpture with Secular Tendencies	346
1. Sculpture in Temples, Ancestral Halls, and Sutra Pillars	346
2. Grotto Sculptures	351
3. Mausoleum Sculpture	354
4. Folk Sculpture	356
Section 3	
Systematic Achievements in Architectural Arts	357
1. The Impact of Urban Transformation and Technological Progress on Architecture	357
2. The Art of Spatial Arrangement in Architecture	360
3. The Evolution of Architectural Form	365
4. The Art of Garden Design	369
5. Architectural Decoration	372

Chapter XV

Song Porcelain and Other Crafts 375

Section 1	
Elegant Song Porcelain	375
1. The System of Song Porcelain	375
2. Characteristics of Song Porcelain	376

Section 2

The Five Great Kilns	379
1. Ru Ware with Lustrous Blue-Green Glaze	379
2. Classical and Elegant Guan Ware	380
3. Ge Ware with Beige and Cracked Glaze	382
4. Jun Ware with Luminous and Red Glaze	383
5. Ding Ware with White Glaze and Engraved Patterns	384

Section 3

Other Famous Kilns of the Song Dynasty and the Porcelains of the Liao and Jin	385
1. Other Famous Kilns of the Song Dynasty	385
2. Porcelains of the Liao and Jin	389

Section 4

Textile Weaving, Dyeing, and Embroidery	391
1. Song Brocade	391
2. Silk Tapestry and Patterned Gauze	393
3. Dyeing and Embroidery	394
4. Weaving and Embroidery of the Liao, Jin, Western Xia, and the Uyghurs	396

Section 5

Metal, Jade, and Glass Work	397
1. Gold, Silver, and Bronze Work	397
2. Jade and Glass Work	399

Section 6

Lacquer, Bamboo, Wood, Ivory, and Rhino Horn	400
1. Lacquerware	400
2. Bamboo, Wood, Ivory, and Rhino Horn	402

Section 7

The Four Treasures of the Study	402
1. Xuan Writing Brush and Famous Inks	403
2. Famous Papers and Ink Stones	404

Chapter XVI

New Achievements in Writing About Fine Arts 406

Section 1

Theories of Painting 406

1. Jing Hao's *Notes on the Art of the Brush* 406
2. Guo Xi's *Lofty Record of Forests and Streams* 407
3. Han Zhuo's *Harmonious and Complete Compilation on Landscapes* 408
4. Theoretical Writings on Bird-and-Flower and Figure Painting 409

Section 2

Painting Reviews 410

1. Huang Xiufu's *Record of Famous Paintings of Yizhou* 410
2. Liu Daochun's *Commentary on Famous Paintings of the Present Dynasty and Addendum to Famous Paintings of the Five Dynasties* 411
3. Other Painting Reviews 412

Section 3

Art-Historical Writing 413

1. Guo Ruoxu's *Record of Things Seen and Heard with Regard to Painting* 414
2. Deng Chun's *A Continuation of the History of Painting and Other Art-Historical Writings* 415

Section 4

Records of Painting, Writings on Connoisseurship and Collection, and Writings on Epigraphy and Architecture 416

1. *Xuanhe Catalogue of Painting*, and the Writings on Connoisseurship and Collection of Mi Fu and Others 416
2. The Beginning of Epigraphy and Relevant Writings 418
3. The *Timber Classic* and *Treatise on Architectural Methods* 419

Section 5

Writings on the History and Theory of Calligraphy 420

1. Writings on Calligraphy by Ouyang Xiu, Su Shi, Huang Tingjian, Mi Fu and Others 420
2. *Xuanhe Catalogue of Calligraphy* and Other Writings on Calligraphy of the Northern Song 421
3. Major Writings on the History of Calligraphy of the Southern Song 422

Part Two

Yuan Dynasty

Overview 427

Section 1

The Establishment of the Yuan Dynasty and the Development of the Chinese Arts 427

1. The Great National Integration 428
2. The Coexistence of Multiple Religions 429
3. Cultural Inclusion and Development 433
4. The Situation of the Literati and their Artistic Creations 435

Section 2

Characteristics and Achievements of the Arts of the Yuan Dynasty 438

1. Convergence and Diversity 438
2. Symbiotic and Parallel Developments 441
3. The Twin Peaks and a Generation of Marvels 443
4. Interpenetration and Convergence 446

Chapter I

Zaju of the Yuan Dynasty 449

Section 1

Proliferation of *Zaju* 449

1. Establishment of the Status of *Zaju* as »Literature of a Generation« 449
2. Performance Centers for *Zaju* 449
3. Integration and Evolution of Multimedia Arts 451
4. Influences of Arts of the Mongols and Other Surrounding Groups on *Zaju* 452
5. Abolition of the Imperial Examinations and the Role of *Zaju* Scriptwriters 452

Section 2

Guan Hanqing and His Plays 453

1. Biography and Works of Guan Hanqing 453
2. *The Injustice of Dou E* and its Social Criticism 454
3. *Saving a Prostitute* and the Image of Women 455
4. *Meeting the Enemies Alone* and Heroism 456
5. Artistic Characteristics of Guan Hanqing's *Zaju* Works 456

Section 3

Wang Shifu and <i>Romance of the Western Chamber</i>	458
1. Biography and Works of Wang Shifu	458
2. Transformation of the Story of <i>Romance of the Western Chamber</i>	459
3. Ideological Content of <i>Romance of the Western Chamber</i>	461
4. Artistic Characteristics of <i>Romance of the Western Chamber</i>	462

Section 4

Ideas and Artistic Achievements of <i>Zaju</i>	464
1. Facing Reality: The Critical Function of <i>Zaju</i>	464
2. People are the Roots of the State: A Downward Shift in the Aesthetic Perspective of <i>Zaju</i>	464
3. Poetic and Picturesque: Poeticism of <i>Zaju</i>	465
4. Rich and Powerful: The Aesthetic Styles of <i>Zaju</i>	465
5. A Happy Ending: The Structural Pattern of <i>Zaju</i>	466
6. Appealing to Both Refined and Popular Tastes: The Aesthetic Realm of <i>Zaju</i>	467

Chapter II

Southern Opera of the Yuan Dynasty 468

Section 1

The Boom of Southern Opera	468
1. Differences between Southern Opera and the <i>Zaju</i> of the North	470
2. Focusing on Real Life and Reflecting People's Voices	470

Section 2

Gao Ming and <i>Tale of the Pipa</i>	472
1. The Life and Thought of Gao Ming	472
2. <i>Tale of the Pipa</i> as a Thrilling Picture of Life	473
3. The Artistic Image of Zhao Wuniang	474
4. The Artistic Image of Cai Bojie	474
5. The Artistic Achievements of <i>Tale of the Pipa</i>	475

Section 3

The Four Southern Opera Classics	477
1. <i>The Thorn Hairpin</i>	478
2. <i>The White Rabbit</i>	479
3. <i>Praying to the Moon</i>	480
4. <i>Slaying the Dog</i>	481

Chapter III

Opera Performance Formats and Stagecraft
of the Yuan Dynasty

483

Section 1

Performance Structure and Form

483

1. The Literary Society, the Dramaturge, and the Scribe 483
2. Theatrical Troupes and Performance Formats 483

Section 2

The Music of *Zaju*

485

1. Origin of the Tunes 487
2. How Suites Formed 487
3. The Flexibility of Tune titles 490
4. The Relationship Between Mode and Structure 490
5. The Characteristics of Musical Styles 492

Section 3

The Music of Southern Opera

492

Section 4

Performing Arts

494

1. The Lineage of the Performing Arts 494
2. The Principle of Blending Fantasy with Reality
and the Flexibility of Time and Space 495
3. The Genesis of Stylized Acting 496
4. The Roles of Northern *Zaju* and Southern Opera 496

Section 5

Stage Art

498

1. Costuming of Southern Opera and *Zaju* 498
2. Stage Property and *Mise-en-scène* 499

Chapter IV

Music of the Yuan Dynasty

501

Section 1

Songs and Their New Developments

501

1. Street Music 501
2. *Ciqu*, Narrative Songs 502
3. *Sanqu*, Lyric Verse 502
4. Singing Activities of Courtesans in Pleasure Quarters 504

5. Xiong Penglai and <i>The Classic of Poetry</i>	505
6. Mongolian Music	506

Section 2

Singing-Storytelling Music	507
1. <i>Zhugong diao</i> , Ballads in All Keys and Modes	507
2. <i>Taozhen</i> , Sieving the Truth	508
3. <i>Yushuo</i> , Driving the Words	509
4. <i>Pipa</i> Song-Lyrics	509
5. <i>Cihua</i> , Song-Lyric Storytelling	510
6. <i>Daoqing</i> , Daoist Chants	510
7. <i>Huolang'er</i> , Peddler's Tunes	511

Section 3

Musical Instruments and Instrumental Music	511
1. Musical Instruments	511
2. Instrumental Music	517
3. <i>Pipa</i> Lute Music	519

Section 4

<i>Yayue</i> Ceremony Music and <i>Yanyue</i> Banquet Music	519
1. <i>Yayue</i> Ceremony Music	519
2. <i>Yanyue</i> Banquet Music	520

Chapter V

Dance of the Yuan Dynasty	521
---------------------------	-----

Section 1

Court Music and Dance	521
1. <i>Yayue</i> Dance for Sacrifices	521
2. »Orchestra« in Assemblies and Banquets	522
3. The » <i>Jamah</i> Banquet«	523
4. The Mysterious <i>Dance of the Sixteen Heavenly Demons</i>	523
5. Other Dances Seen through Historical Documents and Artifacts	524

Section 2

Religious Dance	526
1. Mongolian Dances in Worship of Grand Trees	526
2. Songs and Dances of Shamanic Séance and <i>Andai</i>	526
3. The Capital Parade, a Grand Buddhist Event	527
4. The Cham Dance, a Monastic Dance of Tibetan Buddhism	527

5. Dance in Yuan Dynasty Dunhuang Murals	528
6. Dongba Dances as Recorded in Dongba Scriptures	529
Section 3	
Folk Dance	531
1. The Widely Circulated »Stomp Song«	531
2. The Kuku Headdress and <i>Dancing Wild Geese</i>	532
3. The <i>Huihui</i> Dance Passed from Central and West Asia	532
4. <i>Refined Music of Baisha</i> , Folk Music and Dance of the Southwestern Peoples	533
5. Han Folk Dances	533
Section 4	
Dance in <i>Zaju</i> and Opera	534
Chapter VI	
Painting, Calligraphy, and Seal Carving in the Yuan Dynasty	536
Section 1	
Painting of the Yuan Dynasty	536
1. Loyalist Painters Hold to Tradition	536
2. Zhao Mengfu's Achievements in Painting	540
3. A Peak in Literati Painting, the »Four Masters of the Yuan«	543
4. Yongle Temple Murals	552
Section 2	
Calligraphy and Seal Carving of the Yuan Dynasty	558
1. Trends and Development in Yuan Dynasty Calligraphy	558
2. Calligraphers of Ethnic Minorities	568
3. Seal Carving in the Yuan Dynasty	570
Chapter VII	
Architecture and Sculpture of the Yuan Dynasty	573
Section 1	
Architecture of the Yuan Dynasty	573
1. Khanbaliq (Grand Capital of the Yuan Dynasty)	573
2. The Palaces and Gardens of Khanbaliq	577
3. Buddhist and Daoist Temples	581

Section 2

Sculpture of the Yuan Dynasty	585
1. Buddhist Sculpture	585
2. Daoist Sculpture and Carving	589
3. The Famous Sculptor Araniko	592

Chapter VIII

Crafts of the Yuan Dynasty	594
----------------------------	-----

Section 1

Changes in Clothing and Developments in Weaving, Embroidery, and Dyeing	594
1. Changes in Clothing	594
2. Exquisite and Rich Silks and Brocades	597
3. Ethnic Felt Rugs	602
4. Cotton Cloth Popular Across the Country	602

Section 2

Artistic Trends and the Creation of Vessels	604
1. Extravagant Large-Scale Works of Jade	604
2. Gorgeous Works of Gold and Silver	606
3. New Trends in Lacquerware from Private Commercial Kilns	608

Section 3

Aesthetic Transition in Pottery and Porcelain	610
1. Movement of Porcelain Production to the South and the Birth of a »Porcelain Capital«	610
2. The Transition of Private Commercial Kilns	611
3. Innovations in Pottery and Porcelain at Jingdezhen	617

Chapter IX

Yuan Dynasty Theories of Art	622
------------------------------	-----

Section 1

Treatises and Theories of Opera	622
1. Zhong Sicheng and The Register of Ghosts	622
2. Jia Zhongming and The Sequel to the Register of Ghosts	623
3. Xia Tingzhi and The Green Bower Collection	624
4. Sporadic Discussions	624

Section 2

Treatises on Music	627
1. <i>Treatise on Singing</i>	627
2. <i>Tones and Rhymes of the Central Plains</i>	628
3. <i>A Detailed Explanation of the Qin Zither</i>	629
4. »Examination of Music,« <i>An Account of the Qin</i> <i>and Publication on Temperament</i>	631

Section 3

Treatises on Calligraphy and Painting	632
1. Theories of Literati Painting	632
2. Theories of Painting Technique	634
3. Writings on Calligraphy	637