

Quick Table of Contents

UNIT I: Nursing Roles and Responsibilities 1

Chapter 1: Current Trends in Nursing and Health Care	3
Chapter 2: The Nursing Process	9
Chapter 3: Interviewing and Physical Assessment.....	16
Chapter 4: Legal and Ethical Issues	26

UNIT II: Psychosocial Aspects of Client Care 39

Chapter 5: Caring for Young Adults	44
Chapter 6: Caring for Middle-Age Adults	49
Chapter 7: Caring for Older Adults	54
Chapter 8: Caring for Dying Clients	65
Chapter 9: Nurse-Client Relationships.....	77
Chapter 10: Caring for Culturally Diverse Clients.....	86

UNIT III: Concepts of Health and Illness 95

Chapter 11: Interaction of Body and Mind	97
Chapter 12: Caring for Clients With Stress-Related Disorders.....	102
Chapter 13: Caring for Clients With Psychosomatic Disorders	109
Chapter 14: Homeostasis and Homeostatic Mechanisms.....	115

UNIT IV: Common Medical-Surgical Problems 123

Chapter 15: Caring for the Client With an Infectious Disease	125
Chapter 16: Caring for Clients With Cancer	145
Chapter 17: Caring for Clients in Pain.....	165
Chapter 18: Substance Abuse	175
Chapter 19: Water, Acid-Base, and Electrolyte Imbalances	187
Chapter 20: Caring for Clients in Shock.....	204
Chapter 21: Intravenous Therapy.....	213
Chapter 22: Caring for Surgical Clients	226
Chapter 23: Nursing in Emergencies	248

UNIT V: Caring for Clients With Respiratory Disorders..... 263

Chapter 24: Introduction to the Respiratory System.....	265
Chapter 25: Caring for Clients With Disorders of the Upper Respiratory Airway	275
Chapter 26: Caring for Clients With Disorders of the Lower Respiratory Airway	295
Chapter 27: Caring for Clients Undergoing Thoracic Surgery	324

UNIT VI: Caring for Clients With Cardiovascular Disorders..... 331

Chapter 28: Introduction to the Cardiovascular System	333
Chapter 29: Caring for Clients With Infectious and Inflammatory Disorders of the Heart and Blood Vessels	349
Chapter 30: Caring for Clients With Valvular Disorders of the Heart	362
Chapter 31: Caring for Clients With Occlusive Disorders of Coronary and Peripheral Blood Vessels	372
Chapter 32: Caring for Clients With Cardiac Arrhythmias	391
Chapter 33: Caring for Clients With Hypertension	404
Chapter 34: Caring for Clients With Heart Failure	413
Chapter 35: Caring for Clients Undergoing Cardiovascular Surgery	426

UNIT VII: Caring for Clients With Hematopoietic and Lymphatic Disorders 439

Chapter 36: Introduction to the Hematopoietic and Lymphatic Systems	441
Chapter 37: Caring for Clients With Disorders of the Hematopoietic System.....	448
Chapter 38: Caring for Clients With Disorders of the Lymphatics	470

UNIT VIII: Caring for Clients With Immune Disorders..... 477

Chapter 39: Introduction to the Immune System	479
Chapter 40: Caring for Clients With Allergic and Autoimmune Disorders	486
Chapter 41: Caring for Clients With AIDS	495

UNIT IX: Caring for Clients With Neurologic Disorders 505

Chapter 42: Introduction to the Nervous System.....	507
Chapter 43: Caring for Clients With Central and Peripheral Nervous System Disorders	519
Chapter 44: Caring for Clients With Cerebrovascular Disorders	549
Chapter 45: Caring for Clients With Head and Spinal Cord Trauma	566
Chapter 46: Caring for Clients With Neurologic Deficits.....	584

UNIT X: Caring for Clients With Sensory Problems 601

Chapter 47: Introduction to the Special Senses	603
Chapter 48: Caring for Clients With Disorders of the Eye and Ear.....	614

UNIT XI: Caring for Clients With Gastrointestinal Problems 645

Chapter 49: Introduction to the Gastrointestinal System and Accessory Structures	647
Chapter 50: Caring for Clients With Disorders of the Upper Gastrointestinal Tract	658
Chapter 51: Caring for Clients With Disorders of the Lower Gastrointestinal Tract	690
Chapter 52: Caring for Clients With an Ileostomy or Colostomy.....	718
Chapter 53: Caring for Clients With Disorders of the Liver, Gallbladder, and Pancreas	736

UNIT XII: Caring for Clients With Endocrine Problems..... 765

Chapter 54: Introduction to the Endocrine System	767
Chapter 55: Caring for Clients With Disorders of the Endocrine System	774
Chapter 56: Caring for Clients With Diabetes Mellitus	798

UNIT XIII: Disturbances of Sexual Structures or Reproductive Function..... 813

Chapter 57: Introduction to the Female and Male Reproductive Systems and Related Structures	815
Chapter 58: Caring for Clients With Disorders of the Female Reproductive System and Related Structures	826
Chapter 59: Caring for Clients With Disorders of the Breast	858
Chapter 60: Caring for Clients With Disorders of the Male Reproductive System	871
Chapter 61: Caring for Clients With Sexually Transmitted Diseases	887

UNIT XIV: Caring for Clients With Urinary and Renal Problems 897

Chapter 62: Introduction to the Urinary Tract	899
Chapter 63: Caring for Clients With Disorders of the Kidneys and Ureters.....	914
Chapter 64: Caring for Clients With Disorders of the Bladder and Urethra	939

UNIT XV: Caring for Clients With Musculoskeletal Problems 959

Chapter 65: Introduction to the Musculoskeletal System.....	961
Chapter 66: Caring for Clients With Orthopedic and Connective Tissue Disorders.....	968

UNIT XVI: Caring for Clients With Integumentary Problems..... 1017

Chapter 67: Introduction to the Integumentary System	1019
Chapter 68: Caring for Clients With Integumentary Disorders.....	1026

Appendix A	
Abbreviations	1057
Appendix B	
Laboratory Values.....	1059
Glossary	1062
Index.....	1074
Color Plates appear between pages 1034 and 1035	

Contents

I Nursing Roles and Responsibilities 1

1 Current Trends in Nursing and Health Care 3

- Health Care System 4
- Health Care Services 4
- Health Care Team 4
- The Health Continuum 4
- Health Maintenance and Health Promotion 4
- Access to Health Care 5
- Cost Containment Approaches 5
- Trends in Health Care 6

2 The Nursing Process 9

- Nursing Process 10

3 Interviewing and Physical Assessment 16

- The Interview Process 17
- The Physical Examination 19

4 Legal and Ethical Issues 26

- The Legal/Ethical System 27
- Laws 27
- Establishing Liability 30
- Reducing Liability 32

- Liability Insurance 33
- Ethical Practice 33
- Ethical Issues 34
- Guidelines for Ethical Dilemmas 36

II Psychosocial Aspects of Client Care 39

5 Caring for Young Adults 41

- Developmental Stages 42
- The Young Adult 44

6 Caring for Middle-Age Adults 49

- The Adult in Middle Life 50

7 Caring for Older Adults 54

- The Older Adult 55
- Gerontology 55
- The Aging Process 55
- Age Discrimination and Stereotypical Images 57
- Late Adulthood 57

8 Caring for Dying Clients 65

- Informing the Dying Client 66
- Sustaining Hopefulness 66
- Stages of Emotional Reaction 67

- Making Final Decisions 67
- Signs of Approaching Death 70
- *Nursing Process* The Client With a Terminal Illness 71

9 Nurse-Client Relationships 77

- Principles for Care 78
- Phases of the Nurse-Client Relationship 78
- Communication Skills 78
- Fear 80
- Anxiety 83

10 Caring for Culturally Diverse Clients 86

- Ethnocentrism 87
- Transcultural Nursing 87
- Cultural Variations Affecting Nursing Care 87
- Nursing Sensitivity 92

III Concepts of Health and Illness 95

11 Interaction of Body and Mind 97

- The Mind and Body Connection 98
- Stress 99

12 Caring for Clients With Stress-Related Disorders 102

- Stress-Related Disorders 103
- *Nursing Process* The Client With a Stress-Related Disorder 104

13 Caring for Clients With Psychosomatic Disorders 109

- Psychosomatic Disorders 110
- *Nursing Process* The Client With a Psychosomatic Disorder 111

14 Homeostasis and Homeostatic Mechanisms 115

- Body Defenses 116
- Responses to Injury 118

IV Common Medical-Surgical Problems 123

15 Caring for the Client With an Infectious Disease 125

- The Infectious Process 126
- Localized Infections 128
- Generalized Infections 129
- Diagnosis of an Infectious Disease 130
- Causes of Decreased Resistance to Infection 131
- Community-Acquired Infections 132
- Nosocomial Infections 137
- *Nursing Process* The Client With an Infectious Disease 140

16 Caring for Clients With Cancer 145

- Pathophysiology and Etiology 146
- Signs and Symptoms 147
- Public Awareness 148
- Diagnosis 148
- Diagnostic Tests 148
- Treatment 150
- Emotional Impact 154
- The Terminally Ill Client 154
- *Nursing Process* The Client Who Has Cancer 155

17 Caring for Clients in Pain 165

- Physiologic and Neurologic Mechanisms of Pain 166
- Factors That Influence a Response to Pain 166
- Effects of Pain 166
- Noninvasive Pain Relief Measures 167
- Invasive Pain Relief Measures 169
- *Nursing Process* The Client in Pain 170

18**Substance Abuse 175**

- Terminology 176
- Alcohol Abuse 176
- Cocaine 178
- Heroin and Other Narcotics 178
- Psychotomimetic (Hallucinogenic) Drugs 179
- Amphetamines 180
- Marijuana 180
- Barbiturates 181
- Nonbarbiturate Sedatives and Tranquilizers 181
- Volatile Hydrocarbons 182
- Nicotine 182
- *Nursing Process* The Client With a Substance Abuse Problem 183

19**Water, Acid-Base, and Electrolyte Imbalances 187**

- Fluid Volume Imbalances 188
- *Nursing Process* The Client With a Fluid Volume Deficit 189
- *Nursing Process* The Client With a Fluid Volume Excess 191
- Acid-Base Imbalances 191
- *Nursing Process* The Client With Metabolic Acidosis or Alkalosis 192
- *Nursing Process* The Client With Respiratory Acidosis or Alkalosis 194
- Electrolyte Imbalances 194
- *Nursing Process* The Client With a Sodium Imbalance 196
- *Nursing Process* The Client With a Potassium Imbalance 198
- *Nursing Process* The Client With a Calcium Imbalance 200
- *Nursing Process* The Client With a Magnesium Imbalance 201

20**Caring for Clients in Shock 204**

- Pathophysiology 205
- Types of Shock 205
- Signs and Symptoms of Shock 206
- Diagnosis of Shock 208
- Treatment of Shock 208

- Prevention of Shock 209
- Prognosis and Complications 209
- Nursing Management 209
- *Nursing Process* The Client in Shock 209

21**Intravenous Therapy 213**

- Rationales for IV Administration 214
- Administration by a Peripheral Vein 215
- Administration by a Central Vein 218
- Infusion Rate Calculation 219
- Factors That Influence Infusion Rates 219
- Complications 220
- *Nursing Process* The Client Receiving Intravenous Therapy 221

22**Caring for Surgical Clients 226**

- Anesthesia 227
- Ambulatory Surgery 227
- Preoperative Period 228
- *Nursing Process* Caring for Clients During the Preoperative Period 228
- Intraoperative Period 233
- *Nursing Process* Caring for Clients During the Intraoperative Period 233
- Postanesthesia Period 234
- *Nursing Process* Caring for Clients During the Postanesthesia Period 234
- Recovery Period 237
- *Nursing Process* Caring for Clients During the Recovery Period 237

23**Nursing in Emergencies 248**

- General Principles of First Aid 249
- Hemorrhage 250
- Respiratory Emergencies 251
- Shock 252
- Wounds 252
- Animal Bites 253
- Insect Bites and Stings 253
- Poisoning 254
- Exposure to Temperature Extremes 257
- Psychiatric Emergencies 259
- Other Emergencies 259

V

Caring for Clients With Respiratory Disorders 263

24

Introduction to the Respiratory System 265

Upper Respiratory Airway 266

- *Nursing Process* The Client Having Diagnostic Evaluation of the Upper Respiratory Airway 268

Lower Respiratory Airway 268

- *Nursing Process* The Client Undergoing Diagnostic Evaluation of the Lower Respiratory Airway 273

25

Caring for Clients With Disorders of the Upper Respiratory Airway 275

Infectious and Allergic Disorders of the Upper Respiratory Airway 276

- *Nursing Process* The Client With an Infectious or Allergic Disorder of the Upper Respiratory Airway 279

Trauma to or Obstruction of the Upper Respiratory Airway 280

- *Nursing Process* The Client With Trauma to or Obstruction of the Upper Respiratory Airway 282

Malignant Disorders of the Upper Respiratory Airway 283

- *Nursing Process* The Client Undergoing Surgery for a Malignant Disorder of the Larynx 284

Treatment Modalities for Airway Obstruction or Airway Maintenance 288

- *Nursing Process* The Client Undergoing a Tracheostomy 288

- *Nursing Process* The Client Undergoing Endotracheal Intubation 291

26

Caring for Clients With Disorders of the Lower Respiratory Airway 295

Infectious Disorders of the Lower Respiratory Airway 296

Acute Bronchitis 296

Chronic Bronchitis 296

Bronchiectasis 297

Pneumonia 298

Pleurisy 299

Pleural Effusion 300

Lung Abscess 300

Empyema 301

Influenza 302

Pulmonary Tuberculosis 302

- *Nursing Process* The Client With an Infectious Disorder of the Lower Respiratory Airway 303

Decreased Function of the Lower Respiratory Airway 306

Chronic Obstructive Pulmonary Disease 306

Bronchial Asthma 307

Pneumoconiosis 309

Pulmonary Hypertension 309

Pulmonary Embolism 310

Atelectasis 311

Acute Respiratory Failure 312

Chronic Respiratory Failure 312

Adult Respiratory Distress Syndrome 313

- *Nursing Process* The Client With Decreased Function of the Lower Respiratory Airway 313

Malignant Disorders of the Lower Respiratory Airway 318

Cancers of the Lung and Bronchus 318

Mediastinal Tumors 319

Thoracic Trauma 319

Fractured Ribs 319

Blast Injuries 319

Penetrating Wounds 320

- *Nursing Process* The Client With Thoracic Trauma 320

27

Caring for Clients Undergoing Thoracic Surgery 324

- *Nursing Process* The Client Undergoing Thoracic Surgery 325

VI

Caring for Clients With Cardiovascular Disorders 331

28

Introduction to the Cardiovascular System 333

Anatomy and Physiology 334

Assessment of a Client With a Cardiovascular Disorder 338

- *Nursing Process* The Client Undergoing Diagnostic Testing for a Cardiovascular Disorder 346

29**Caring for Clients With Infectious and Inflammatory Disorders of the Heart and Blood Vessels 349**

Infectious and Inflammatory Disorders of the Heart 350

- *Nursing Process* The Client With an Infectious or Inflammatory Disorder of the Heart 354

Inflammatory Disorders of Peripheral Blood Vessels 356

- *Nursing Process* The Client With an Inflammatory Disorder of Peripheral Blood Vessels 358

30**Caring for Clients With Valvular Disorders of the Heart 362**

Disorders of the Aortic Valve 363

Disorders of the Mitral Valve 365

- *Nursing Process* The Client With a Valvular Disorder 368

31**Caring for Clients With Occlusive Disorders of Coronary and Peripheral Blood Vessels 372**

Arteriosclerosis and Atherosclerosis 373

Occlusive Disorders of Coronary Blood Vessels 373

- *Nursing Process* The Client With an Occlusive Disorder of the Coronary Blood Vessels 379

Occlusive Disorders of Peripheral Blood Vessels 382

- *Nursing Process* The Client With an Occlusive Disorder of Peripheral Blood Vessels 384

Disorders of Blood Vessel Walls 385

- *Nursing Process* The Client Undergoing Surgery for Varicose Veins 386

32**Caring for Clients With Cardiac Arrhythmias 391**

Common Arrhythmias 392

- *Nursing Process* The Client With An Arrhythmia 399

- *Nursing Process* The Client in Cardiac Arrest 401

33**Caring for Clients With Hypertension 404**

Arterial Blood Pressure 405

Hypertensive Disease 405

Types of Hypertension 405

- *Nursing Process* The Client With Hypertension 409

34**Caring for Clients With Heart Failure 413**

Heart Failure 414

- *Nursing Process* The Client With Heart Failure 418

Pulmonary Edema 421

- *Nursing Process* The Client With Pulmonary Edema 422

35**Caring for Clients Undergoing Cardiovascular Surgery 426**

Preparation for Surgery 427

Cardiac Surgical Procedures 427

- *Nursing Process* The Client Undergoing Cardiac Surgery 429

Central or Peripheral Vascular Surgical Procedures 433

- *Nursing Process* The Client Undergoing Central or Peripheral Vascular Surgery 434

VII**Caring for Clients With Hematopoietic and Lymphatic Disorders 439****36****Introduction to the Hematopoietic and Lymphatic Systems 441**

Hematopoietic System 442

Lymphatic System 445

- *Nursing Process* The Client Undergoing Diagnostic Evaluation of the Hematopoietic or Lymphatic System 446

37**Caring for Clients With Disorders of the Hematopoietic System 448**

Disorders Associated With a Decrease in Erythrocytes and Hemoglobin 449

- *Nursing Process* The Client With a Decrease in Erythrocytes and Hemoglobin 453

Disorders Associated With an Increase in Erythrocytes and Hemoglobin 454

- *Nursing Process* The Client With an Increase in Erythrocytes and Hemoglobin 455
- Disorders Associated With an Increase or Decrease in Leukocytes 456
- *Nursing Process* The Client With Leukemia 458
- *Nursing Process* The Client With Agranulocytosis 461
- Multiple Myeloma 462
- *Nursing Process* The Client With Multiple Myeloma 462
- Bleeding Disorders 463
- *Nursing Process* The Client With a Bleeding Disorder 464
- Bone Marrow Failure 465
- *Nursing Process* The Client With Bone Marrow Failure 466

38

Caring for Clients With Disorders of the Lymphatics 470

- Occlusive, Inflammatory, and Infectious Disorders 471
- *Nursing Process* The Client With an Occlusive, Inflammatory, or Infectious Disorder of the Lymphatics 472
- Malignant Disorders of the Lymphatics 473
- *Nursing Process* The Client With a Malignant Disorder of the Lymphatics 473

VIII

Caring for Clients With Immune Disorders 477

39

Introduction to the Immune System 479

- Structures of the Immune System 480
- Cellular Response 482
- Types of Immunity 483
- Physical Assessment 483
- Laboratory Tests 484
- Diagnostic Tests 484

40

Caring for Clients With Allergic and Autoimmune Disorders 486

- Allergic Disorders 487
- Types of Allergies 488
- Serious Allergic Reactions 490
- *Nursing Process* The Client With an Allergic Disorder 491
- Autoimmune Disorders 493

41

Caring for Clients With AIDS 495

- Pathophysiology 496
- AIDS and AIDS-Related Complex 497
- Opportunistic Infections 497
- Transmission of HIV 497
- Prevention of HIV Infection 497
- Ethical Issues 497
- *Nursing Process* The Client With AIDS 499

IX

Caring for Clients With Neurologic Disorders 505

42

Introduction to the Nervous System 507

- Anatomy and Physiology 508
- Physical Assessment 511
- Diagnostic Tests 514
- *Nursing Process* The Client Undergoing Diagnostic Testing for a Neurologic Disorder 516

43

Caring for Clients With Central and Peripheral Nervous System Disorders 519

- Increased Intracranial Pressure 520
- *Nursing Process* The Client With Increased Intracranial Pressure 521
- Infectious and Inflammatory Disorders of the Nervous System 524
- *Nursing Process* The Client With an Infectious or Inflammatory Disorder of the Nervous System 526
- Neuromuscular Disorders 528
- *Nursing Process* The Client With a Neuromuscular Disorder 530
- Cranial Nerve Disorders 532
- *Nursing Process* The Client With a Cranial Nerve Disorder 534
- Extrapyramidal Disorders 534
- *Nursing Process* The Client With an Extrapyramidal Disorder 537
- Seizure Disorders 539
- *Nursing Process* The Client With a Seizure Disorder 541
- Brain Tumors 543
- *Nursing Process* The Client With a Brain Tumor 544

44 Caring for Clients With Cerebrovascular Disorders 549

- Headache (Cephalgia) 550
- *Nursing Process* The Client With a Headache 551
- Cerebrovascular Disorders 551
- *Nursing Process* The Client With Transient Ischemic Attacks 552
- *Nursing Process* The Client With a CVA 554
- *Nursing Process* The Client With a Cerebral Aneurysm 559
- Alzheimer's Disease 560
- *Nursing Process* The Client With Alzheimer's Disease 561

45 Caring for Clients With Head and Spinal Cord Trauma 566

- Head Injuries 567
- *Nursing Process* The Client With a Head Injury 569
- Intracranial Surgery 571
- *Nursing Process* The Client Undergoing Intracranial Surgery 572
- Spinal Cord Injuries and Disorders 575
- *Nursing Process* The Client With a Spinal Cord Injury 576
- Spinal Nerve Root Compression 579
- *Nursing Process* The Client With Spinal Nerve Root Compression 581

46 Caring for Clients With Neurologic Deficits 584

- Phases of a Neurologic Deficit 585
- Roles of Members of the Health Team 586
- *Nursing Process* The Client With a Neurologic Deficit 587

X Caring for Clients With Sensory Problems 601

47 Introduction to the Special Senses 603

- The Eye 604
- The Ear 608
- *Nursing Process* The Client Undergoing Tests for an Eye or Ear Disorder 611

48 Caring for Clients With Disorders of the Eye and Ear 614

- Vision and Hearing Specialists 615
- Visual Impairment 615
- *Nursing Process* The Client With a Visual Deficit 616
- Eye Trauma 619
- *Nursing Process* The Client With an Eye Injury 620
- Infectious and Inflammatory Eye Disorders 622
- *Nursing Process* The Client With an Infectious or Inflammatory Eye Disorder 624
- Macular Degeneration 625
- Glaucoma 625
- *Nursing Process* The Client With Glaucoma 627
- Cataracts 628
- Retinal Detachment 630
- Enucleation 631
- *Nursing Process* The Client Undergoing Eye Surgery 631
- Hearing Impairment 633
- *Nursing Process* The Client With a Hearing Impairment 634
- Disorders of the External Ear 636
- *Nursing Process* The Client With a Disorder of the External Ear 637
- Disorders of the Middle Ear 638
- Disorders of the Inner Ear 639
- *Nursing Process* The Client With a Disorder of the Middle or Inner Ear 640
- *Nursing Process* The Client Undergoing Ear Surgery 641

XI Caring for Clients With Gastrointestinal Problems 645

49 Introduction to the Gastrointestinal System and Accessory Structures 647

- Anatomy and Physiology 648
- Accessory Structures 649
- Assessment of Clients With a Disorder of the Gastrointestinal System or Accessory Structures 650
- *Nursing Process* The Client Undergoing Diagnostic Testing for a Gastrointestinal Disorder 654

50**Caring for Clients With Disorders of the Upper Gastrointestinal Tract 658**

Disorders That Affect Eating 659

- *Nursing Process* The Client With Anorexia, Anorexia Nervosa, or Bulimia 661
 - *Nursing Process* The Obese Client 664
 - *Nursing Process* The Client With Nausea and Vomiting 666
 - *Nursing Process* The Client Receiving Tube Feedings 670
 - *Nursing Process* The Client With a Gastrostomy 672
- Disorders of the Esophagus 674
- *Nursing Process* The Client Undergoing Medical Treatment for an Esophageal Disorder 677
- Gastric Disorders 677
- *Nursing Process* The Client Undergoing Medical Treatment for a Gastric Disorder 681
 - *Nursing Process* The Client Undergoing Upper Gastrointestinal Surgery Involving the Mouth, Esophagus, and Stomach 683

51**Caring for Clients With Disorders of the Lower Gastrointestinal Tract 690**

Altered Bowel Elimination 691

- *Nursing Process* The Client With Constipation 691
- *Nursing Process* The Client With Diarrhea 694

Inflammatory Bowel Disease 696

- *Nursing Process* The Client With Inflammatory Bowel Disease 698

Acute Abdominal Inflammatory Disorders 700

- *Nursing Process* The Client With Peritonitis 701

Intestinal Obstruction 703

- *Nursing Process* The Client With an Intestinal Obstruction 706

Diverticular Disorders 706

- *Nursing Process* The Client With a Diverticular Disorder 707

Abdominal Hernia 708

- *Nursing Process* The Client Undergoing Surgical Repair of a Hernia 710

Cancer of the Colon and Rectum 711

Anorectal Disorders 712

- *Nursing Process* The Client With an Anorectal Disorder 715

52**Caring for Clients With an Ileostomy or Colostomy 718**

Conventional Ileostomy 719

- *Nursing Process* The Preoperative Client Undergoing an Ileostomy 720

- *Nursing Process* The Postoperative Client With a Conventional Ileostomy 722

Continent Ileostomy (Kock Pouch) 726

Ileoanal Reservoir 726

- *Nursing Process* The Client With a Continent Ileostomy or Ileoanal Reservoir 727

Colostomy 728

- *Nursing Process* The Client With a Colostomy 730

53**Caring for Clients With Disorders of the Liver, Gallbladder, and Pancreas 736**

Disorders of the Liver 737

- *Nursing Process* The Client With a Liver Disorder 745

- *Nursing Process* The Client Undergoing Surgery for a Liver Disorder 747

Disorders of the Gallbladder 748

- *Nursing Process* The Client With a Gallbladder Disorder 751

Disorders of the Pancreas 754

- *Nursing Process* The Client With Pancreatitis 756

- *Nursing Process* The Client Undergoing Pancreatic Surgery 759

XII**Caring for Clients With Endocrine Problems 765****54****Introduction to the Endocrine System 767**

Glands of the Endocrine System 768

Physical Assessment 770

Laboratory Tests 771

Diagnostic Tests 771

- *Nursing Process* The Client Undergoing Testing for an Endocrine Disorder 772

55**Caring for Clients With Disorders of the Endocrine System 774**

Disorders of the Pituitary Gland 775

- *Nursing Process* The Client With a Pituitary Disorder 776

Disorders of the Thyroid Gland 777

- *Nursing Process* The Client Undergoing Medical Treatment for a Thyroid Disorder 781

- *Nursing Process* The Client Having Thyroid Surgery 783

Disorders of the Parathyroid Glands 785

- *Nursing Process* The Client With Hypoparathyroidism 787

Disorders of the Adrenal Glands 788

- *Nursing Process* The Client With Adrenal Insufficiency 789

- *Nursing Process* The Client With Cushing's Syndrome 792

Hyperaldosteronism 793

Adrenalectomy 793

- *Nursing Process* The Client Having an Adrenalectomy 794

Disorders of the Ovaries and Testes 795

56

Caring for Clients With Diabetes Mellitus 798

Diabetes Mellitus 799

Complications of Diabetes Mellitus 804

- *Nursing Process* The Client With Diabetes Mellitus 807

XIII

Disturbances of Sexual Structures or Reproductive Function 813

57

Introduction to the Female and Male Reproductive Systems and Related Structures 815

The Female Reproductive System 816

Physical Assessment 818

Diagnostic Tests 819

The Male Reproductive System 821

Physical Assessment 823

Diagnostic Tests 823

- *Nursing Process* The Client Undergoing Diagnostic Evaluation of the Reproductive System 824

58

Caring for Clients With Disorders of the Female Reproductive System and Related Structures 826

Disorders of Menstruation 827

- *Nursing Process* The Client With a Disorder of Menstruation 829

Infertility 829

Contraception 830

Abortion 831

Ectopic Pregnancy 833

Menopause 834

Infectious and Inflammatory Disorders of the Female Reproductive System 835

- *Nursing Process* The Client With an Infectious or Inflammatory Disorder of the Female Reproductive System 838

Endometriosis 839

- *Nursing Process* The Client With Endometriosis 840

Vaginal Fistulas 840

Relaxed Pelvic Muscles 841

Uterine Displacement 842

- *Nursing Process* The Client Undergoing Surgery for a Vaginal or Uterine Disorder 843

- *Nursing Process* Medical Management of the Client With a Vaginal or Uterine Disorder 845

Benign Tumors of the Female Reproductive System 846

Malignant Tumors of the Female Reproductive System 847

- *Nursing Process* The Client Undergoing a Vulvectomy 847

Hysterectomy 850

- *Nursing Process* The Client Undergoing a Hysterectomy 851

59

Caring for Clients With Disorders of the Breast 858

Symptoms of Breast Disorders 859

Diagnosis of Breast Disorders 859

Fibrocystic Breast Disease 859

Breast Abscess 861

Mastitis 861

Reconstructive and Plastic Surgery of the Breast 861

Benign and Malignant Breast Tumors 862

- *Nursing Process* The Client Undergoing a Mastectomy 865

60

Caring for Clients With Disorders of the Male Reproductive System 871

Disorders of the Prostate 872

- *Nursing Process* The Client Undergoing a Prostatectomy 874

Disorders of the Testes and Adjacent Structures 879

- *Nursing Process* The Client Undergoing Surgery for Cancer of the Testes 881

Disorders of the Penis 884

Vasectomy and Vasovasostomy 884

61 **Caring for Clients With Sexually Transmitted Diseases 887**

- Incidence 888
- Factors That Contribute to the Spread of Sexually Transmitted Diseases 888
- Prevention 888
- Types of Sexually Transmitted Diseases 888
- Other Sexually Transmitted Diseases 892
- *Nursing Process* The Client With a Sexually Transmitted Disease 893

XIV **Caring for Clients With Urinary and Renal Problems 897**

62 **Introduction to the Urinary Tract 899**

- Anatomy and Physiology 900
- Assessment of the Client With a Urinary Tract Disorder 901
- Diagnostic Tests 902
- Laboratory Tests 905
- *Nursing Process* The Client Undergoing Diagnostic Evaluation of the Urinary Tract 907
- Urinary Drainage 907
- General Principles of Urethral Catheterization 909
- *Nursing Process* The Client With an Indwelling Catheter and Closed Drainage System 909

63 **Caring for Clients With Disorders of the Kidneys and Ureters 914**

- Infectious and Inflammatory Disorders of the Kidney 915
- *Nursing Process* The Client With an Infectious or Inflammatory Disorder of the Upper Urinary Tract 917
- Congenital Disorders of the Kidney 919
- Kidney and Ureteral Stones 919
- *Nursing Process* The Client With a Kidney or Ureteral Stone 922
- Ureteral Strictures 923
- Ureteral Surgery 924
- *Nursing Process* The Client Undergoing Ureteral Surgery 924
- Tumors of the Kidney 925
- Kidney Surgery 925
- *Nursing Process* The Client Undergoing Kidney Surgery 926
- Renal Failure 928

- *Nursing Process* The Client in Renal Failure 930
- Substitutes for Kidney Function 932
- Renal Transplantation 936

64 **Caring for Clients With Disorders of the Bladder and Urethra 939**

- Urinary Incontinence and Urinary Retention 940
- *Nursing Process* The Incontinent Client 940
- *Nursing Process* The Client With Urinary Retention 943
- Infectious and Inflammatory Disorders of the Lower Urinary Tract 944
- *Nursing Process* The Client With an Infectious or Inflammatory Disorder of the Lower Urinary Tract 946
- Obstructions of the Lower Urinary Tract 947
- *Nursing Process* The Client With a Lower Urinary Tract Obstruction 948
- Malignant Tumors of the Bladder 949
- *Nursing Process* The Client Undergoing a Urinary Diversion Procedure 952
- Congenital Disorders of the Urethra and Bladder 957
- Traumatic Injuries 957

XV **Caring for Clients With Musculoskeletal Problems 959**

65 **Introduction to the Musculoskeletal System 961**

- Anatomy and Physiology 962
- Assessment of the Client With Orthopedic and Connective Tissue Disorders 963
- *Nursing Process* The Client Undergoing Tests for Orthopedic and Connective Tissue Disorders 965

66 **Caring for Clients With Orthopedic and Connective Tissue Disorders 968**

- Sprains 969
- Dislocations 969
- *Nursing Process* The Client With a Sprain or Dislocation 970
- Fractures 971
- *Nursing Process* The Client in Traction 977

- *Nursing Process* The Client With a Cast 979
- Specific Types of Fractures 982
- Rheumatic Disorders 989
- *Nursing Process* The Client With a Rheumatic Disorder 997
- Low Back Pain 999
- Osteoporosis 1000
- Osteomyelitis 1000
- Paget's Disease 1001
- Disorders of the Feet 1002
- Disorders of the Hand 1003
- Bone Tumors 1003
- Orthopedic Surgery 1004
- *Nursing Process* The Client Undergoing Orthopedic Surgery 1004
- Amputation 1007
- *Nursing Process* The Client Undergoing an Amputation 1009

XVI

Caring for Clients With Integumentary Problems 1017

67

Introduction to the Integumentary System 1019

- Anatomy and Physiology 1020
- Functions of the Skin 1020
- Assessment of a Client With a Skin Disorder 1021
- Diagnostic Tests 1022
- Medical and Surgical Treatment of Skin Disorders 1022

68

Caring for Clients With Integumentary Disorders 1026

- Common Disorders of the Skin and Related Structures 1027
- *Nursing Process* The Client With a Skin Disorder 1032
- Benign and Potentially Malignant Skin Lesions 1034
- Malignant Skin Lesions 1035
- *Nursing Process* The Client With a Malignant or Benign Skin Lesion 1036
- Stasis Ulcer 1037
- Pressure Ulcer 1038
- *Nursing Process* The Client With a Stasis or Pressure Ulcer 1038
- Severe Skin Disorders 1039
- *Nursing Process* The Client With a Severe Skin Disorder 1041
- Skin Grafting 1042
- Burn Injuries 1044
- *Nursing Process* Caring for the Burned Client 1049
- Cosmetic and Reconstructive Surgery 1053

Appendix A

Abbreviations 1057

Appendix B

Laboratory Values 1059

Glossary 1062

Index 1074

Color Plates appear between pages 1034 and 1035