

PROLOGUE 6

1.
Do not obey in advance.

8

2.
Defend institutions.

13



3.
Beware the one-party state.

17

4.
Take responsibility for
the face of the world.

24



5.
Remember professional ethics.

31

6.
Be wary of paramilitaries.

34



7.
Be reflective if you
must be armed.

39

8.
Stand out.

43



9.
Be kind to our language.

51

10.
Believe in truth.

56

11.
Investigate.

64

12.
Make eye contact and small talk.

73



13.
Practice corporeal politics.

75

14.
Establish a private life.

79



15.
Contribute to good causes.

84

16.
Learn from peers in
other countries.

87



17.
Listen for
dangerous words.

91

18.
Be calm when the
unthinkable arrives.

94



19.
Be a patriot.

103

20.
Be as courageous as you can.

107