

Contents

Foreword by Daniel B. Fishman	ix
Foreword by Laurie Clark	xii
Preface	xiv
Acknowledgements	xvii
1 The role of case studies in the development of theory and practice in counselling and psychotherapy	1
2 The development of systematic methods and principles for collecting and analysing case material	15
3 Justifying case-based research: the role of systematic case studies in building an evidence base for therapy policy and practice	31
4 Moral and ethical issues in therapy case study research	54
5 Collecting and analysing case material: a practitioner and student toolkit	78
6 Documenting everyday therapeutic practice: pragmatic case studies	92
7 Evaluating the effectiveness of therapy: n=1 time-series case studies	117
8 Using multiple judges in evaluating the effectiveness of therapy: the hermeneutic single case efficacy design (HSCED)	136

9	Theory-building case studies	157
10	Exploring the meaning of the therapy experience: narrative case research	190
11	Team-based case study research for practitioners and students	209
	References	227
	Index	248