

Contents

1	Introduction to Feedback-Informed Psychological Therapy	1
	Julian A. Rubel and Wolfgang Lutz	
2	Feedback-Informed Psychological Therapy in Practice: The Trier Treatment Navigator (TTN)	9
	Wolfgang Lutz, Danilo Moggia, Jana Bommer, Jana Schaffrath, Anne-Katharina Deisenhofer, Steffen T. Eberhardt, Antonia Vehlen, Brian Schwartz, and Julian A. Rubel	
3	The TTN in Practice, Clinical Training, and Supervision	29
	Miriam Hehlmann, Jana Schaffrath, Anne-Katharina Deisenhofer, Birgit Weinmann-Lutz, and Wolfgang Lutz	
4	Advances in Routine Outcome Monitoring and Feedback Systems: Insights from the Greifswald Psychotherapy Navigation System (GPNS)	43
	Selin Demir, Stephan Bartholdy, Markus Tewes, Eva-Lotta Brakemeier, and Tim Kaiser	
5	The OQ® Analyst	69
	David M. Erekson, Benjamin M. Ogles, and Michael J. Lambert	
6	Clinical Support Tools for Treatment Adaptation in Non-improving Cases	91
	Jaime Delgadillo, Kim de Jong, and Michael Barkham	
7	A Dynamic Feedback Tool for Clinical Practice: Norse Feedback	113
	Andrew A. McAleavey, Stian Sørheim Espevoll, Sam Nordberg, and Christian Moltu	

8	Advances in ESM-Derived Feedback Integrated into Psychotherapy	133
	Mila Hall, Michelle N. Servaas, and Harriëtte Riese	
9	Feedback in the Treatment of Suicidality	153
	Andrew C. Page, Michael J. Kyron, and Geoff R. Hooke	
10	Feedback in Rehabilitation Settings	171
	Johannes Knauer, Yannik Terhorst, and Harald Baumeister	
11	Outcome and Therapeutic Relationship Feedback in Group Therapy	189
	Tate M. Paxton, Derek Griner, Mark E. Beecher, and Gary M. Burlingame	
12	Feedback Technology for Practice and Research	207
	Steffen T. Eberhardt, Antonia Vehlen, Fabienne Mink, Brian Schwartz, and Wolfgang Lutz	
13	Opportunities and Obstacles When Implementing Feedback-Informed Treatment into Practice: Learning from Experience with the Trier Treatment Navigator	225
	Brian Schwartz, Antonia Vehlen, Steffen T. Eberhardt, and Wolfgang Lutz	
14	Transforming Data into Action: A Case Study on Progress Feedback in Youth Mental Health	239
	Susan Douglas, Grace Woodard, Jordan Zahora, Tasha Love, and Amanda Jensen-Doss	
	Index	261