

Contents

Preface to the Second Edition ix

Acknowledgments xi

Credits xii

PART I An Integrated Approach to Qualitative Analysis 1

Chapter 1 Interdisciplinary Nature of Qualitative Analysis 3

Qualitative Analysis in Kinesiology 4

Interdisciplinary Nature of Qualitative Analysis 6

Integrated Model of Qualitative Analysis 9

Summary 12

Discussion Questions 12

Chapter 2 Role of Models in Qualitative Analysis 15

Classifying Models of Qualitative Analysis 16

Overview of History and Models of Qualitative Analysis 17

Validity and Reliability of Qualitative Analysis 32

Summary 37

Discussion Questions 38

Chapter 3 Role of Senses and Cognition in Qualitative Analysis 39

Theoretical Background for the Senses and Perception in Qualitative Analysis 40

Senses 41

Using Senses to Understand Movement 51

Integration of Senses 52

Knowledge and Perception 54

Perceptual Tasks 55

Models of Information Processing 56

Research on Perception in Qualitative Analysis 62

Related Information Processing Research 66

Automatic and Controlled Processing 68

A Gestalt 69

Summary 71

Discussion Questions 71



PART II Four Tasks of an Integrated Qualitative Analysis . . . 73

Chapter 4 Preparation: Gathering Relevant Knowledge 75

- Knowledge of Activity 77
- Knowledge of Performers 85
- Knowledge of Effective Instruction 86
- Preparing for Next Task 93
- Summary 93
- Discussion Questions 94

Chapter 5 Observation: Developing a Systematic Observational Strategy 95

- Proposals for Observational Strategies 98
- Key Elements in a Systematic Observational Strategy 100
- Integrated Use of All Senses 107
- Summary 108
- Discussion Questions 109

Chapter 6 Evaluation and Diagnosis: Critical Thinking Within Qualitative Analysis 111

- Evaluation 112
- Diagnosis 118
- Further Practice 125
- Summary 125
- Discussion Questions 126

Chapter 7 Intervention: Strategies for Improving Performance 127

- Feedback 128
- Visual Models 138
- Exaggeration or Overcompensation 139
- Modifying the Practice 140
- Manual and Mechanical Guidance 142
- Conditioning 143
- Attentional Cueing 143
- Ecological Intervention 143
- Further Practice 145
- Summary 145
- Discussion Questions 146

PART III Practical Applications of Qualitative Analysis 147

Chapter 8 Tutorials in Qualitative Analysis of Human Movement . . . 149

- Analyzing Catching 151
- Analyzing Soccer Instep Kick 155
- Analyzing Basketball Jump Shot 162
- Analyzing Overarm Throwing 168
- Analyzing Tennis Serve 175
- Analyzing Human Gait 183
- Further Practice 186
- Summary 186
- Discussion Questions 187

Chapter 9 Theory Into Practice Situations 189

- “Cleared to Play” 190
- “But I Can Score!” 192
- The Slump 192
- “But the Champ Does It This Way” 192
- “But I Can Lift More!” 193
- The Parent Distraction 193
- The Final Authority 193
- Machine Versus Free Weights 194
- Finishing Strong 194
- Choke? 194
- Push and Glide 195
- Head Over Heels, Please 195
- Coaching Clinic 195
- Glide 196
- Check It Out 196
- Surf’s Up 197
- Hurdle 197
- Further Practice 197
- Summary 197
- Discussion Questions 198

Chapter 10 **Videotape Replay Within Qualitative Analysis** 199

Introduction to Video Replay in Kinesiology	200
Video Technology	204
Making Videos for Qualitative Analysis	210
Future of Video and Computers in Qualitative Analysis	214
Further Practice	217
Summary	217
Discussion Questions	218

Glossary	219
Bibliography	221
Index	241
About the Authors	249