

Contents

<i>List of figures</i>	<i>ix</i>
<i>List of tables</i>	<i>xii</i>
<i>Acknowledgements</i>	<i>xiii</i>
Introduction	1
1 Cross-border mobility under external shocks: A theoretical debate	7
1.1 <i>Introduction</i>	7
1.2 <i>Drivers and barriers of cross-border and transnational mobility</i>	9
1.3 <i>External shocks and cross-border mobility</i>	14
1.4 <i>Regional resilience to rapid changes in cross-border mobility</i>	21
1.5 <i>Impacts of COVID-19 on societies and economies</i>	26
1.6 <i>Impacts of the war in Ukraine on societies and economies</i>	31
1.7 <i>Cross-border mobility under external shocks: impact assessment methodology</i>	34
1.8 <i>Conclusions</i>	42
2 Determinants of mobility across the Polish section of the EU's external border	55
2.1 <i>Introduction</i>	55
2.2 <i>Historical determinants</i>	56
2.3 <i>Political determinants</i>	62
2.4 <i>Economic determinants</i>	69
2.5 <i>Social and cultural determinants</i>	75
2.6 <i>Cross-border cooperation</i>	77
2.7 <i>Regulatory determinants</i>	82
2.8 <i>Infrastructural and transport organisation determinants</i>	89
2.9 <i>Conclusions</i>	100

3	The labour, education and tourism markets in Poland	108
3.1	<i>Introduction</i>	108
3.2	<i>The labour market</i>	109
3.3	<i>The education market</i>	117
3.4	<i>The tourism market</i>	128
3.5	<i>Conclusions</i>	136
4	Cross-border mobility before 2019	146
4.1	<i>Introduction</i>	146
4.2	<i>The volume of cross-border mobility</i>	149
4.3	<i>The structure of cross-border mobility in national terms</i>	150
4.4	<i>The spatial and modal structure of cross-border mobility</i>	155
4.5	<i>Accounting for amounts of border traffic – attempts at modelling</i>	161
4.6	<i>Conclusions</i>	162
5	The Impact of the COVID-19 pandemic on cross-border mobility	168
5.1	<i>Introduction</i>	168
5.2	<i>The volume of cross-border mobility</i>	170
5.3	<i>The labour market</i>	182
5.4	<i>The education market</i>	188
5.5	<i>The tourism market</i>	201
5.6	<i>Conclusions</i>	209
6	The impact of the war in Ukraine on cross-border mobility	218
6.1	<i>Introduction</i>	218
6.2	<i>The volume of cross-border mobility</i>	220
6.3	<i>The labour market</i>	226
6.4	<i>The education market</i>	236
6.5	<i>The tourism market</i>	249
6.6	<i>Conclusions</i>	257
	Summary	266
	Index	283