

Contents:

1. Introduction	2
2. Cancer from the perspective of Western medicine	4
3. Cancer from the perspective of traditional Chinese medicine	8
4. How medicinal mushrooms work in cancer care.	10
5. Overview and specific uses of individual medicinal mushrooms . .	12
6. Recommended mushroom combinations by cancer type	18
7. How to proceed in remission	22
8. Advice on using medicinal mushrooms	26
9. Possible side-effects and how to respond	28
10. Diet and lifestyle recommendations	30
11. Conclusion	32
12. Recommended reading and sources	34