

# Contents

Note for second edition xix

List of illustrations xxi

List of abbreviations xxiii

- 1 What is the immune system? 1
- 2 First responders: the innate immune response 17
- 3 Adaptive immunity: a voyage of (non-)self-discovery 31
- 4 Making memories 43
- 5 Too little immunity: immunological failure 57
- 6 Too much immunity: auto-immunity and allergic diseases 73
- 7 Immunology taught by COVID-19 95
- 8 The immune system v2.0: biological and immune therapies 110

Further reading 135

Index 137