

Preface vii

Introduction 1

1. Love and Relationships 17
2. The Complementarian Commandment 27
3. A Sacrament of Shame: “I Love You, but Hate Your Sin” 54
4. How Relationships Can Heal Toxic Shame 84
5. Becoming an Ally 111
6. Inside and Outside the Evangelical Bubble: Productive and Destructive Tension 137
7. Love, Shame, Humility, and Justice 161

Acknowledgments 179

Methods 183

Notes 189

References 201

Index 217