

# Nutrition Reviews®

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On the Cover: While inflammation is widely believed to be central to aging, it remains to be proven whether it is possible to intervene in those processes to achieve and maintain healthy aging. This supplement explores the role of inflammatory processes through the various stages of life, expanding our knowledge of how they impact the most common ailments affecting both quality of life and lifespan. Image is "Portrait of an old man and a young boy" by Domenico Ghirlandaio (1448–1494). Photo courtesy of Réunion des Musées Nationaux/Art Resource, New York.

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