

Notes 227

About the Author 229

Index 231

Credits 237

*contents*

Preface to the Second Edition ix

Preface to the First Edition xi

**Part I In the Practice Room**

- 1 Sound and Touch 3
- 2 Technique 26
- 3 Articulation and Phrasing 56
- 4 Matters of Time 82
- 5 Pedaling 104
- 6 Practicing 121

**Part II Shaping Up a Performance**

- 7 Deciphering the Composer's Message 149
- 8 Seeing the Big Picture 161
- 9 Technique of the Soul 181
- 10 At the Performance (and Prior to It) 192
- 11 The Art of Teaching and the Art of Learning 211

Notes 225  
About the Author 229  
Index 231  
Credits 237

*Contents*

Preface to the Second Edition  
Preface to the First Edition  
Part I In the Practice Room  
1. Sound and Breath  
2. Technique  
3. Evaluation and Planning  
4. Matters of Time  
5. Posture  
6. Practicing  
Part II Shaping Up a Performance  
7. The Forestry the Composer's Message  
8. Seeing the Big Picture  
9. Techniques of the Soul  
10. At the Performance (and from 10 to 10)  
11. The Art of Teaching and the Art of Learning