

# Contents

*Acknowledgements*

*About the authors*

*About this book*

## **Part 1 Exploring risky play**

- |   |                             |    |
|---|-----------------------------|----|
| 1 | What is 'risky play'?       | 3  |
| 2 | The history of risk in play | 16 |
| 3 | Why does it matter?         | 27 |
| 4 | The benefits of risky play  | 37 |
| 5 | The rights of the child     | 47 |

## **Part 2 Creating an environment for risky play**

- |    |   |     |
|----|---|-----|
| 6  | What are we trying to facilitate and foster?    | 57  |
| 7  | Things to consider for the physical environment | 62  |
| 8  | Loose parts                                     | 71  |
| 9  | Small spaces and expeditions                    | 79  |
| 10 | The emotional environment                       | 88  |
| 11 | Staff development: hearing and supporting staff | 93  |
| 12 | Getting parents on board                        | 102 |

<b>Part 3 Risky play in practice</b>	<b>111</b>
13 Risk assessment	113
14 Areas that are most often asked about	123
15 Observation and adaptation	135
16 Rules and boundaries	142
17 Why does discrimination in play matter?	148
18 The role of the adult	157
<i>References</i>	169
<i>Index</i>	177